

Promotion Testing

Nage no Kata

Name of Person Testing: _____ Current Rank: _____ Dojo: _____ <input type="checkbox"/> Competitor <input type="checkbox"/> Non-competitor <input type="checkbox"/> Uke <input type="checkbox"/> Tori, #Sets _____	Partner's Name: _____ Current Rank: _____ Dojo: _____
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0 1 2 3 4 5
 omitted poor below average very good perfect

SET	TECHNIQUE	POINTS		Comments
		(R)	(L)	
TE WAZA	Uki otoshi			
	Seoi nage			
	Kata guruma			
KOSHI WAZA	Uki goshi			
	Harai goshi			
	Tsurikomi goshi			
ASHI WAZA	Okuri ashi harai			
	Sasae tsurikomi ashi			
	Uchi mata			
MA SUTEMI WAZA	Tomoe nage			
	Ura nage			
	Sumi gaeshi			
YOKO SUTEMI WAZA	Yoko gake			
	Yoko guruma			
	Uki waza			
TOTAL POINTS				
AVERAGE SCORE				

Judge: _____

Event: _____ Location: _____ Date: _____