

Promotion

Goshinjitsu

| | |
|---|-----------------------|
| Name of Person Testing: _____ | Partner's Name: _____ |
| Current Rank: _____ | Current Rank: _____ |
| Dojo: _____ | Dojo: _____ |
| <input type="checkbox"/> Competitor <input type="checkbox"/> Non-competitor | |
| <input type="checkbox"/> Uke <input type="checkbox"/> Tori, #Sets _____ | |

0 omitted 1 poor 2 below 3 average 4 very good 5 perfect

| SET | TECHNIQUE | POINTS | Comments |
|-----------------------|-----------------|--------|----------|
| When held | Ryote dori | | |
| | Hidari eri dori | | |
| | Migi eri dori | | |
| | Kata ude dori | | |
| | Ushiro eri dori | | |
| | Ushiro jime | | |
| | Kakae dori | | |
| At a distance | Naname uchi | | |
| | Ago tsuki | | |
| | Ganmen uchi | | |
| | Mae geri | | |
| | Yoko geri | | |
| Against knife attack | Tsukkake | | |
| | Choku tsuki | | |
| | Naname tsuki | | |
| Against stick attack | Firu age | | |
| | Furi oroshi | | |
| | Morote tsuki | | |
| Against pistol attack | Shomen zuke | | |
| | Koshi gamae | | |
| | Haimen zuke | | |
| TOTAL POINTS | | | |
| AVERAGE SCORE | | | |

Judge: _____

Event: _____ Location: _____ Date: _____