The Flip Side

(Judo Stuff You Maybe Didn't Know)

Welcome to the *Flip Side*, a brief newsletter highlighting and sharing judo interests in Shufu!

Maybe you didn't know:

The **2014 USJA/USJF Junior Judo National Championships** will be held in Honolulu, Hawaii. Since the two national organizations joined forces to create a combined junior national event, The USJA and USJF have taken turns as host of the tournament. Next summer belongs to the USJF! The USJF Junior Development Committee will oversee the operation of the nationals, including selection of the outstanding competitor awards, scholarship recipients, on-sight batsugan promotions, as well as the yudanshakai team competition.

For the first time, next year's national championship will include a **seniors and masters championship** tournament on Sunday! Yes, you read that correctly. So continue training and start making plans now for Hawaii!

Glory Days:

Jose Pineda, an instructor with the Maryland Judo Team and member of NIH Judo Club, won several national judo titles in El Salvador, qualified for the 1984 Olympic Games in Seoul, and competed in two World Championships and the Pan American Judo Championships!

Junior Star:

Bella Bourke, a junior competitor from Maryland, was the youngest American to earn gold at this year's AM-CAN International Challenge, held in Grand Island, NY.

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