



# Shufu Judo Yudanshakai Shufu Shimbun October 2022



### Events:

- 7-9 Oct USJF Meetings
- 9 Oct Morris Cup
- 22 Oct Takemori Clinic Series – Kevin Asano**
- 23 Oct Samurai Judo Championships
- 30 Oct IJC Four Seasons Fall Invitational Judo Cup
- 5 Nov Compound Novice tournament**
- 19 Nov Dallas Open Judo Championships
- 20 Nov USA Judo Presidents Cup
- 3-4 Dec Winter Nationals

- San Francisco, CA
- Burnt Hills, NY
- Hyattsville, MD**
- Ridgefield, NJ
- Queens, NY
- Silver Spring, MD**
- Irving, TX
- Irving, TX
- Azusa, CA

**Remembrance:** Shufu Judo has lost one of the unsung heroes and supporters of judo, Dottie Tamai. Shufu Yudanshakai will miss you. Miki Takemori (President of Shufu Yudanshakai).



In loving memory of Mrs Dottie Tamai – She passed away due to cancer and other complications on Wednesday September 28 at her home surrounded by her children. She was the wife of Sensei Ken Tamai, mother of Margie Kettl, Joan Smith-Sullivan, Kevin Tamai, Karl Tamai, Kurt Tamai and Diane Jackson. She was a member of Shufu Judo yudanshakai. She started her judo path in 1959 at the Washington Judo club where she met and married Ken Tamai, She earned the rank of shodan. She not only raised two generations of judoka, but also continued to serve this yudanshakai up until she passed. She is survived by her brother, 6 children, 16 grand children and 9 great grandchildren

Shufu will share final arrangements on their website. There will be a viewing on Friday Oct 7 from 4-8pm at Gasch's funeral home (4739 Baltimore Ave, Hyattsville, MD. 301-927-6100). A final viewing will be at St. Ambrose Catholic Church (3107 63rd Ave, Cheverly, MD. , 301-773-9300) from 9-930, Funeral mass at 10- 11 am at St Ambrose i. A reception/celebration of life at St Ambrose - Fannon hall from 11-1. In lieu of flowers, please make donations to St. Ambrose Catholic Church in Dottie Tamai's name.



**Morris Cup - Sunday, October 9th** at Burnt Hills-Ballston Lake High School, 88 Lake Hill Rd., Burnt Hills, NY. Please go to Smoothcomp.com. Go to the Events and type in - 2022 Morris Cup. Everyone needs to create a Smoothcomp profile before registering for the tournament. It is very easy. With this profile, everyone registered will be able to see on their phone what mat their division is on and when! Please contact Teri Takemori (518) 505-7271, if you have any questions.



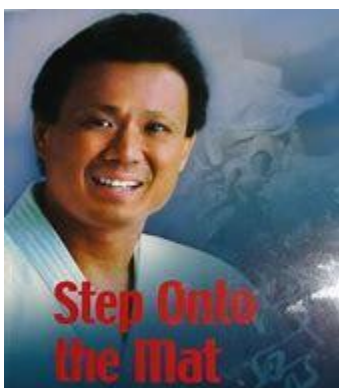
### Takemori Clinic with Kevin Asano

Shufu Judo Yudanshakai is pleased to announce the next clinic in the **Takemori Clinic Series** on October 22 at the DeMatha Catholic High School (4313 Madison St., Hyattsville, MD). The clinician will be **Kevin Asano**. There will be **three sessions** available at DeMatha. Friday night open mat workout (6:30-8:30 - \$20), Saturday morning (targeted at juniors @9:30-11:30 for \$60) Saturday afternoon (targets at seniors and advanced juniors for \$75). There is a discount price of \$120 for both sessions on Saturday\*\*\* Annual Shufu/USJF can also have an additional \$10 discount. All will have opportunities for photographs and autographs.

For further sign-up information - contact Kevin Tamai (Event Director) at [tamaikevin@gmail.com](mailto:tamaikevin@gmail.com) or call 703-622-6861.



**Kevin Yoshimi Asano** (born April 20, 1963), who won the silver medal in the men's extra-lightweight competition at the 1988 Summer Olympics. On his way to capturing the medal he beat Shinji Hosokawa, who was the reigning world champion and 1984 Gold Medalist. Asano came close to winning the gold medal, but lost it on a one-point penalty to Kim Jae-Yup of South Korea.



Asano was born in Hawaii. He graduated from Pearl City High School in Hawaii in 1981, studied Japanese and trained in judo at Tokai University for two years, then went on to study at San Jose State University where he graduated in 1989 in accounting. In 2008, Kevin Asano's autobiography, *Step Onto the Mat: Journey to True Success*, was published by White Mountain Castle Publishing LLC. He

co-founded Pacific Rim Legacy Group, a financial planning organization and division, a 501(c)3 organization.

He has served as President of Hawaii Judo, Inc., the state judo governing body of USA Judo and President of the United States Judo Federation., a grassroots national judo organization. He is also the head instructor of Leeward Judo Club in Hawaii. USA Judo announced Kevin Asano among its inaugural Hall of Fame inductees in 2008 along with Eddie Liddie, Mike Swain and Jimmy Pedro. He is also a member of the Hawaii Sports Hall of Fame 2000 inductees and is also a member of the San Jose State University Sports Hall of Fame. In 1988, Asano was named the US Olympic Committee's US Judo Athlete of the Year.

My personal mission statement is to empower others to discover their purpose in life and to pursue it with all of their hearts. The various platforms in my life help to share the message that every individual can live a life with purpose and achieve true success. Together with his business partner Del Fujinaka they founded Personal Transformation International which is a 501c3 charitable organization. Together they empower people in the areas of health, finances, and relationships. When Kevin is not working he spends his time playing with his children, napping, reading, and playing music.



Sign Up for this amazing opportunity to learn from Kevin Asano. Register today!!

Contact Kevin Tamai – [tamaikevin@gmail.com](mailto:tamaikevin@gmail.com) or call 703-622-6861

**Florida Fall Classic** – October 15, 2022. Somerset Academy Charter High School 20805 Johnson Street Pembroke Pines FL. No “walk-up” registration  
For more information [2022 Florida Judo Fall Classic - Smoothcomp](#)

**Samurai Judo Championships 2022** – October 23, 2022 at 9am 461 Bergen Blvd Ridgefield NJ. Event directors Zump El-Sanhouri and Charles Steidle. Head referee is Saro Balegezyan. USA Judo sanction Number 00226. Entry fee is \$60 before October 16, \$75 from Oct 16 to Oct 20. Second division available. There is no “day of registration”. You must present a valid USA Judo, USJF, USJA, ATJA membership card. \$5 spectator fee. Divisions will be grouped once registration closes. The dojo with the most points at the end of the competition will receive a trophy and a \$1000 check. Weigh-in starts at 9am. Line up at 930 am..

**Jason Morris Clinic** on Saturday November 13<sup>th</sup> from 12 noon to 5pm. at York Brazilian Jujutsu, 3830 Union Deposit Road, Harrisburg, PA 17109. Takedown Clinic w/All-American Wrestler and Olympic Judoka Jason Morris is among the foremost authorities on takedowns in the United States and is a highly sought after coach for Judo, BJJ, MMA and Wrestling. Jason has an unparalleled career that saw him become an NCAA Division 1 All-American Wrestler, a 2x NY State High School Wrestling Champion, a 4x Olympian in Judo including an Olympic silver medal, and the coach of the United States Olympic Judo Team. Clinics: 12-2 pm - Judo for Wrestling. This session is open to elementary through high school athletes. We will have plenty of assistants available to assist the different age ranges. No-gi. \$40 - 2-5 pm - Judo for BJJ/MMA. This session is open to teens and adults. 90 minutes gi; 90 minutes no-gi. \$75

For more information visit: [Jason Morris Takedown Clinic | Facebook](#)

**The Compound Shiai** - On Saturday, November 5th at ,12210 Plum Orchard Dr Suite 207, Silver Spring, MD 20904. Pre-register at [www.thecompundsilverspring.com](http://www.thecompundsilverspring.com). The cost is \$40 before Oct 31 and \$50 after Nov 1st. Weigh-ins are Friday Nov 4 from 8pm to 930pm. And Saturday from 8am to 930am. Competition starts at 10am.

Head Referee will be Miki Takemori (IJF-B referee). There is a plan for Local Referee Certification Testing at this event. Please contact Miki at [Mtakemori@aol.com](mailto:Mtakemori@aol.com) or the Tournament Director if you are interested.

Tournament Director: Gerard Cadet (347)939-6060 Email: [judo@thecompundsilverspring.com](mailto:judo@thecompundsilverspring.com)

Assistant Director: Brian Lopez (410)300-2006 Email: [judo@thecompundsilverspring.com](mailto:judo@thecompundsilverspring.com)

**Winter Nationals** – Nanka Judo Yudanshakai presents a Grassroots Winter National Championships. Saturday December 3 and Sunday December 4, 2022 at Azusa Pacific University in Azusa CA. for more details go to [www.judowinternationals.com](http://www.judowinternationals.com)

**We want to help promote your club and its activities. Does your dojo or area have an event coming up? Share the news and the results with us.**

In the interest of promoting judo, Shufu Judo Yudanshakai provides information about judo events that come to our attention. Shufu does not guarantee that any particular event, other than USJF events, is properly sanctioned. It is the individual's responsibility to check for a proper sanction.

### **Looking ahead to 2023-**

18-19 Mar 2023	USA Judo Youth National Championships	Lubbock, Texas
20-21 May 2023	USA Judo Senior National Championships	Spokane, Washington
TBD 2023	USA Judo Junior Olympic Championships	TBD
19 Nov 2023	USA Judo Presidents Cup Championships	Irving, Texas

**WE NEED YOU!** We need you!! –Part of judo is Jita Kyohei – mutual welfare and benefit. Judo is a wonderful community of giving people who share a common interest. Each one of us has unique talents and resources that we can share. In order for judo to grow and develop we need your assistance. How can you help judo? What can you do to make a difference in your dojo or in the judo community? What do you love about judo, your club, the experience? How has judo impacted your life? Please share your thoughts, feelings and suggestions with us.



**Sunday kata practice** – Sensei Diane, Sensei Karl, Sensei Margie, Sensei Karen and sensei Fran are leading Sunday kata practice time. If you need to be evaluated for promotion, need to get some expert feedback on your kata or have specific questions, join them on Sunday at Sport Judo in Springfield VA from 1 to 3pm. This is not time to learn a kata nor be taught. It is a practice time and evaluations. You should bring your kata partner. You need to pay a mat fee.

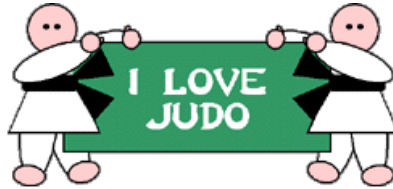


### **Club Updates from Shufu Judo Yudanshakai –**

- Has your dojo started back to live in-person practices? Send us a write up about your club.
- **Please Share news about your club with us. Send us news, photos, and events.**

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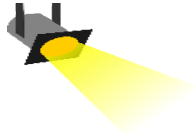
For more information contact :

Shufu Président, Miki Takemori, [ShufuPresident.Miki@gmail.com](mailto:ShufuPresident.Miki@gmail.com)

Shufu Vice Président, Michael Landstreet

Shufu Board of Examiner chairman - Kevin Tamai, (703) 622-686, Email  
[shufuboardofexaminerchairman.kevin@gmail.com](mailto:shufuboardofexaminerchairman.kevin@gmail.com)

Visit the website at <http://www.shufujudo.org>



## Shufu Spotlight

### Shufu legend – John Anderson

*Sensei John T. Anderson passed away on Wednesday, March 16th, 2017.*

John joined the U.S. Navy at 16 for the WWII effort, and started judo in 1946 while stationed in Hawaii. After being transferred to San Diego, he joined three different clubs so he could practice six days per week. After the war and spending five years in the navy, he moved to Baltimore where he taught judo at the Baltimore YMCA as a brown belt. He also studied under Don Draeger, and was a founder, along with Lanny Miyamoto and Kenzo Uyeno, of the Baltimore Judo and Jiu-jitsu Institute of Maryland, eventually renamed as the Baltimore Judo Club that he operated for a half century and hosted the Senior Nationals in Baltimore in the 1970s.

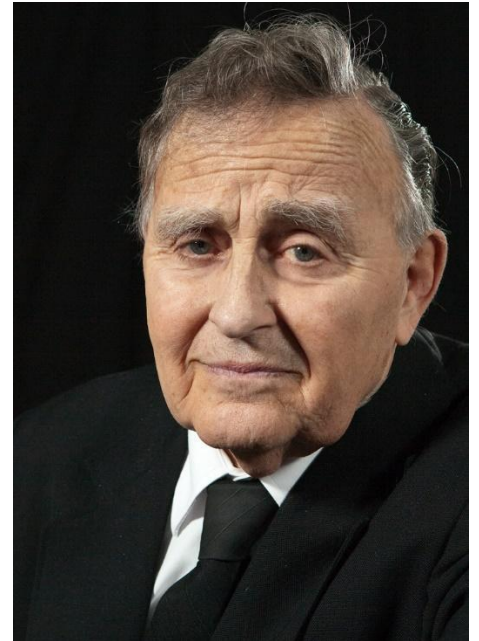
John met Lauren Pearson, a young woman who was working in downtown Baltimore, while roller skating and skate dancing at the Carlins Park Roller Rink. She decided it would be a good idea if she had some self-defense training and ended up at the Baltimore Judo Club. Her sister, Peggy Lea Gosnell, says that “It was pretty much love at first sight”. They were married for over 50 years, and created a family of four children, six grandchildren, and four great-grandchildren.

John rose to the level of Kodokan Hachidan (8<sup>th</sup> degree recognized by the original school of judo in Japan) and was one of the earliest U.S. high ranking judokas of non-Asian heritage. At one time, he was widely regarded as the most knowledgeable instructor of newaza (ground grappling) in the country, and was invited to give newaza clinics at the U.S. Senior Nationals.

In the 1950s, he was a founder of Shufu Judo Yudanshakai (USJF Black Belt association for the east coast), and over the years held virtually all of the high level board and committee positions in that organization, including Registration Chairman, Secretary, Treasurer, Chairman of the Board of Examiners for four years, Vice-President for eight years, and President for 17 years. John was very active at the National level. He served as First Vice President of the United States Judo Federation (USJF) and as Chairman of the Standards Committee, Chairman of the Teachers Institute, and member of the National Tournament Committee, National Board of Examiners, Kata Development and Certification Committee, and Self-Defense Committee. John and his long-time friend and Shufu co-founder Jimmy Takemori used to travel throughout Shufu from Maine to Florida spreading judo by providing promotionals and clinics. John was also a founding member of Maryland Judo Inc, the state member of United States Judo Inc (USJI), the National Governing Body (NGB) of the U.S. Olympic Judo program. He was certified as a National Referee, officiated at the 1996 Olympics in Atlanta, and was a certified National Kata Judge.

John was inducted into the USJF Hall of Fame in 2018, he received several prestigious awards including the Jeremy Glick Memorial Spirit of Judo Award in 2009. (Glick was one of the 9/11 heroes on flight 93.) John was a multifaceted judo teacher. His students were prominent national and international champions and competitors in both Kata (form practice) and Shiai (fighting competition) as well as thousands of recreational players. He was also regarded as one of the most respected and honorable men in the sport of Judo. He maintained a personal and informal relationship with his students, and was addressed simply as “John”, without the formal title of “Sensei”. But he was a true Sensei in every sense, giving all of his time and efforts to work for the success of his students and for the major national and regional judo organizations.

The following is a Biography Sensei John Anderson wrote about himself before his death.



I was born and raised in Savannah, Georgia and entered the U.S. Navy in 1945. I practiced judo at the Shobukan Dojo in Hawaii and with AI Holtman in San Diego. After my Navy discharge in 1949 I moved to Baltimore, Maryland and founded the Baltimore judo Club in 1950 which is still in operation and is the oldest judo club on the east coast.

My Hachidan ranks are from USJF and the Kodokan. In 2010, at the time of my Kodokan promotion, I was honored at the Japanese ambassador's home in Washington, D.C.; at that time I was the only non-Asian to hold that rank of 8th dan from the Kodokan.

Laureen, my late wife, started judo under me in 1954, and we were married in 1957. She was my biggest supporter in judo and kept me active in the sport over the years. We have three sons, one daughter, seven grandchildren, and three great grandchildren. All of my children, two of my grandchildren and one great grandchild have studied judo. Between the years of 1955 – 1978 I won twenty various AAU championships and twelve US Nationals Masters championships. I was President and a Board Member of South Atlantic A.A.U. and organized and founded Maryland Judo Inc. / USJI in 1979. I have held every position in the Shufu judo Yudanshakai from 1966 to present time. I have been with USJF since 1952- over sixty years! And I have been active with USJI (now USA Judo) since its conception in 1978.

It's a little known fact that I have only been defeated once in mat work during my entire judo career- and that was by a person who weighed 245 pounds!

## Summary of Contributions to Judo

- Began Judo in 1946 in Honolulu Hawaii
- Senseis: T. Ishakawa, Donn Dreager, Kenzo Uyeno and Larry Miyamoto
- 10 times AAU Shiai Champion State of Maryland
- 5 times Champion East Coast A.A.U. Championships
- 4 times East Coast Masters Championship
- 12 times US National Masters Shiai Championships
- US National Referee since 1969
- Chairman USJI National Teachers Institute Committee
- Teaching Staff: Sensei Fukuda Joshie Training Camp
- Teaching Staff: 1982 US OC, Colorado, 1993 US OC Lake Placid
- Founder and Chairman of Maryland Judo Inc. and Maryland Governing Body Promotion Board
- National Kata Judge since 1976
- Director: USJI Katame no Kata
- Member USJI Kata Board of Examiners
- Member USJI Judge Certification Committee
- Member USJI, Joshie Development Committee
- 1st and 2nd Vice President of the United States Judo Federation
- Founder and President, Shufu Yudanshakai
- Shufu Promotion Committee Chairman and Rank Registration Chairman
- Member USJF Kata Development and Certification Committee
- Director Emeritus of USJF Board of Directors Chairman of the USJF Standards Committee
- National Tournament Committee Member (hosted the Senior Nationals in Baltimore in the 1970s)
- Officiated at the 1996 Olympic Games in Atlanta

John Anderson was the recipient of many awards including the Judo Greats Award as well as being acknowledged at the Japanese Ambassador's home as the first non-Asian Kodokan Hatchidan (8th degree black belt) and for assisting the USA – Japanese friendship and cultural exchange.

## Stories of Sensei Anderson

John Thomas Anderson was born and raised in Savannah, Ga. growing up in Savannah; Mr. Anderson was undersized and got picked on by schoolyard bullies.

"I was always a kid that the other kids chased down and tried to beat up," Mr. Anderson told The Baltimore Sun in a 2001 article. "Although I used to do a lot of fisticuffs with them, I was always on the losing end." He was 16 when he tried to enlist in the Navy in 1945. Regulations required recruits to weigh at least 118 pounds – Mr. Anderson was 114 pounds. He ate five pounds of bananas before the weigh-in and was approved at 17 years old. He joined the submarine service and trained as a welder and metalsmith, stationed in New London, Conn. After World War II, he was shipped to the Pacific, where he and his crewmates witnessed an Atomic bomb test from the deck of their ship. In 1946, while in Honolulu, he and his Navy buddies saw Asian men in a building tossing each other around on mats. He was told the place was a dojo, a martial arts training area, and asked if they could practice. "After a little hesitation they said, 'Yeah, come on in' they immediately threw us all over the place," he recalled in the 2001 interview. "The other two guys didn't go back, but I did."

Mr. Anderson founded the Baltimore Judo and Jiu-jitsu Institute of Maryland, which later became the Baltimore Judo Club, where he taught for a half century until 2008. He often funded its operation out of his own pocket in addition to his labors on its behalf.

He founded Baltimore Judo Club when he was a sankyu. He taught everything that he himself learned, and discovered for himself an ancient wisdom in the process: *Docendo Discimus* ("in teaching, we learn"). He had this motto posted on the wall of the dojo in a carefully hand-lettered sign. He studied with great teachers including Sensei Donn Draeger, Sensei Minamoto, Sensei Ishikawa, and Sensei Ueno. He studied with the most casual student who visited the Baltimore Judo Club. There was something to learn from everyone and in every situation.

As a Master Instructor and grappling enthusiast, Sensei Anderson is credited with developing the "compression lock" which is in common use in Judo and BJJ today. Eric Spears acclaimed, "After a previous full day clinic on arm locks I won all of my matches at my Shodan promotional with arm locks he had shown us."

He built the mats at Baltimore Judo Club. He shared with me the details of their construction: plywood, 2 x 4s, carpet padding, and horsehair upholstery material supporting a layer of commercial mats wrapped in a hand-cut, hand-sewn vinyl cover. He didn't buy these mats. He made them. He told me about them in so much detail that I feel certain he expected me to build my own set down the road. He had expectations like that.

**Terence McPartland** reflected, "One of the greatest days in my Judo career was John entrusting me with a key to the Judo club. I was moved that he trusted me to open the dojo



on Saturdays. I did not then understand that he was passing more than just the key to the door. He was inviting me to serve Judo as he had invited so many others."

John Anderson taught us many things we never expected to learn in Judo. When I was injured, he had me watch multiple pairs of randori partners and score all their throws. He critiqued my scoring and the lapses in my attention to what all was happening. In the process, he trained me to see Judo better and to manage a mat full of judoka. At the time, I did not realize that he undertook to teach me how to teach Judo.

John invited everyone into Judo. He worked with the talented and the athletic. He worked with the injured and scarred. He worked with those whose hearts were broken and those challenged by mental illness. When you bowed onto John's mat, you could be assured of a hand to pull you up.

In the early days of Shufu, John Anderson and Jimmy Takemori traveled up and down the eastern US giving clinics and holding promotionals, expanding Shufu from the Baltimore/Washington SMSA to the entire eastern seaboard.

"The philosophy of judo is to give way to force," Mr. Anderson told The Baltimore Sun. "Ninety percent of all tussles on the street happen because people talk. They say the wrong thing. Many times I've encountered people and just ignored them. If I brought them here on this mat, I think I could absolutely destroy them. But it serves no purpose to do this."

John displayed the ultimate alchemy of Judo. By learning to assess one's opponent, a competitor or coach can find out how to throw, pin, choke or armlock them. By learning to assess one's students, a teacher can help shape, polish, and support them in learning and growing in self-knowledge. By learning to see others, a true judoka can transform his own heart. I never knew John Anderson, the scrappy Savannah sailor. I never knew him as the consistent champion. I certainly heard those stories. I knew him when Judo had transformed his heart into a tender observer of others. Even if he still was thinking about how to choke you.