



Shufu Judo Yudanshakai

Shufu Shinbun

November 2022



Events:

5 Nov **Compound Novice tournament**
19 Nov Dallas Open Judo Championships
20 Nov USA Judo Presidents Cup
3-4 Dec Winter Nationals
4 Dec Northeast Judo Championships **CANCELLED**

Silver Spring, MD
Irving, TX
Irving, TX
Azusa, CA
Patterson, NJ

In Memoriam

Shufu Judo Yudanshakai is sad to announce the passing of Sensei Peggy Whilden. She passed on October 8 from complications in surgery from a blood clot in her lungs. Please see Shufu spotlight in this document.

The Compound Shiai -November 5th at The Compound, 12210 Plum Orchard Dr Suite 207, Silver Spring, MD 20904. Pre-register at twww.thecompoundsilverspring.com. cost is \$40 before Oct 31 and \$50 after Nov 1. Weigh ins are Friday Nov 4 from 8pm to 930pm. And Saturday from 8am to 930am. Competition starts at 10am. Tournament Director: Gerard Cadet (347)939-6060 Email: judo@thecompoundsilverspring.com
Assistant Director: Brian Lopez (410)300-2006 Email: judo@thecompoundsilverspring.com
Head Referee: Sharon Landstreet sbojudo@msn.com Please contact Sharon if interested in testing for local referee certification.

2022 Dallas Open Judo Championships – November 19, 2022 – Irving, Texas

ONLINE REGISTRATION ONLY

REGISTRATION DEADLINE: 11:59PM CST, TUESDAY 11/15/22

JUNIOR NOVICE DIVISIONS (WHITE AND YELLOW)

ALL COMPETITORS MUST CHECK IN AND WEIGH IN ON FRIDAY, NOVEMBER 18th from 4:00PM to 8:00PM

\$32,200 PRIZE FUND FOR OLYMPIC DIVISIONS

\$1,500.00 FIRST PLACE PRIZE, \$500.00 SECOND PLACE PRIZE, \$300.00 THIRD PLACE PRIZE

Hotel: Marriott Dallas Las Colinas, 972-831-0000 223 W. Las Colinas Blvd, Irving, TX 75039. Book your hotel by October 30th to take advantage of special room rates. 1-800-228-9290, ask for the "Judo Rate" of \$117.00 plus tax or use link below.

Hotel Reservation URL: www.marriott.com

Competition Site: Irving Convention Center, 500 W. Las Colinas Blvd, Irving, TX 75039



USA Judo Presidents Cup Championships in Irving, Texas

NOV. 20, 2022, USA Judo is pleased to welcome you to the USA Judo President's Cup Judo which will be held for the ninth straight year in Irving, Texas. Competition will take place at the Irving Convention Center at Las Colinas for both the Presidents Cup which will take place on Sunday, Nov. 20 and the Dallas Open which will be held on Saturday, Nov. 19. This year, we are pleased to announce the President's Cup also will welcome competitors from around the world to one of USA Judo's premier events.

<https://www.teamusa.org/USA-Judo/Events/2022/November/19/Dallas-Open-Judo-Championships>

Entry Packet - <https://www.teamusa.org/-/media/USA>

_Judo/Documents/Events/2022/Nov/2022-Presidents-Cup-Entry-Packet-9-16-2022.pdf



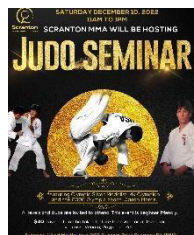
This year's Grass Roots Judo Winter Nationals Tournament is a two-day event scheduled Saturday and Sunday December 3- 4. Venue will be Azusa Pacific University, Azusa, California 91702.

The **23rd annual Northeast Judo championships** will be held at John F Kennedy High School (61-127 Preakness Avenue, Paterson, NJ. Check Smoothcomp for your division and match numbers. Second divisions are available to move up in age group at same weight. Seniors can move up in rank or weight. All entries are non-refundable. NO Weigh-ins at the tournaments. All weigh-ins must be done on Saturday at Camal Judo (266 Union Blvd, Totowa, NJ) On Friday December 2 from 12-3 and Saturday December 3 from 1-5. Early bird registration until November 21 is \$80. Late registration after November 22 is \$90. Spectator fee is \$5 per person. Eligibility is 5 years and old. You must present a current USJF, USJI, USJA or ATJA card. Awards: 1st, 2nd and 3rd place in each division. Outstanding player for junior, teenager and brown/black belt. Fighting spirit awards for junior, teenager and senior. Current IJF rules will be used with the following modifications- no armbars or chokes for junior divisions under 12, no armbars allowed only chokes in 13 years old and up; No armbars in any novice division; armbars and chokes allowed in all senior brown belt, black belt, cadet, UJF Je and brown belt divisions. Pee-wee, Junior and senior white belt matches will be 3 minutes. Senior black belt, Cadet and IJF Junior division will be 4 minutes. Modified dynamic edge rule will be used based on safety area. All divisions will be true double elimination. This is a USA Judo E-Level point event for all junior and senior elite divisions.



CANCELLED

[Northeastern Judo Championships - Smoothcomp](https://smoothcomp.com/en/event/8812)



Jason Morris Judo Clinic

Scranton MMA/1000 Dunham Drive, Scranton, PA will host Olympian Jaon Morris for a clinic on **December 10th** from 11-1. Jason is a Silver medalist (1992-Barcelona Olympics), 4 time US Olympian and 2008 Olympic Coach. This event is open to all levels of judoka and all clubs. It is beginner friendly. The fee is \$40, which can be taken in advance by Venmo, cash, check or credit card. Or you can pay at the door on the day of the event.

The 19th Morris Cup tournament was held on Sunday October 9

Morris Cup Judo Event Has Successful Return



Burnt Hills, NY - Over 500 competitors attended the 19th Annual Morris Cup Judo Championships held at the Burnt Hills High School, Sunday, October 9, 2022 Hosted by the Jason Morris Judo Center in Glenville, NY. The last Morris Cup was pre- covid in 2019. The event featured players from all over the East Coast as well as a large contingent from Montreal as Judo Canada sent a a bus load of athletes itching to compete since many have been locked down over the past couple years. "It was fantastic to get back on track after such a long break" Tournament Director and 4x Olympian, Jason Morris said. "Our local Judo community really needed this" Morris continued. the 20th edition of the Morris Cup has been slated for Sunday, October 8, 2023. *Local Highlights:* Burnt Hills High School Senior, Kyle Tran (17) was a triple medalist taking Gold in the 60kg Brown Belt Division, Bronze in the 60kg Cadet Category (15-17yrs) and a Bronze in the Cadet 66kg Division. Melissa Myers (27) took Gold in 70kg Elite Women's then moved up and won a Silver in 78kg. Burnt Hills Grad and 2x Olympian, Nick Delpopolo (33) moved up from his normal 73kg to take a silver in a very strong 81kg field. Burnt Hills 7th Graders, Dani & Randi Morris (12) were both double medalists winning silvers 11-12yrs +52kg and 11-12yrs 52kg weight class respectively. They both then moved up in age to take bronzes in 13-14yrs 58kg & 52kg respectively. Kell Berliner (28) bumped up a weight class from his usual 81kg to take a silver in the elite mens 90kg category. This was one of the biggest Morris Cups in it's history. Hopefully #20 is our best.

Photo 1: Dani Morris (blue) attacks opponent

Photo 2: Kell Berliner (blue)

Photo by: Lou DiGesare



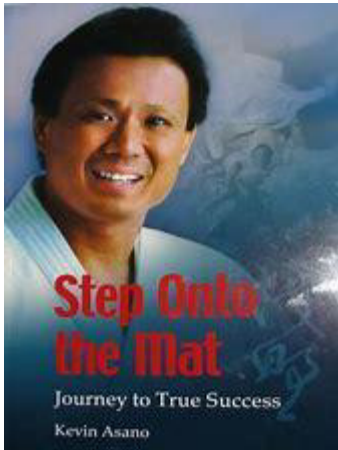
Takemori/Morris Family Picture
at the 2022 Morris Cup. We thank
all the competitors, parents,
coaches, referees, and volunteers
for your participation at the event.
See you next year!!!

Postponed Event ...



Shufu Judo Yudanshakai was very sorry to have to postpone the scheduled clinic with Sensei Kevin Asano for the Takemori Clinic Series on October 22 at the DeMatha Catholic High School in Hyattsville, MD. The event will be re-scheduled as soon as possible.

Kevin Yoshimi Asano (born April 20, 1963), who won the silver medal in the men's extra-lightweight competition at the 1988 Summer Olympics. On his way to capturing the medal he beat Shinji Hosokawa, who was the reigning world champion and 1984 Gold Medalist. Asano came close to winning the gold medal but lost it on a one-point penalty to Kim Jae-Yup of South Korea.



Asano was born in Hawaii. He graduated from Pearl City High School in Hawaii in 1981, studied Japanese and trained in judo at Tokai University for two years, then went on to study at San Jose State University where he graduated in 1989 in accounting. In 2008, Kevin Asano's autobiography, *Step Onto the Mat: Journey to True Success*, was published by White Mountain Castle Publishing LLC. He co-founded Pacific Rim Legacy Group, a financial planning organization and division, a 501(c)3 organization.

He has served as President of Hawaii Judo, Inc., the state judo governing body of USA Judo and President of the United States Judo Federation, a grassroots national judo organization. He is also the head instructor of Leeward Judo Club in Hawaii. USA Judo announced Kevin Asano among its inaugural Hall of Fame inductees in 2008 along with Eddie Liddle, Mike Swain and Jimmy Pedro. He is also a member of the Hawaii Sports Hall of Fame 2000 inductees and is also a member of the San Jose State University Sports Hall of Fame. In 1988, Asano was named the US Olympic Committee's US Judo Athlete of the Year.

My personal mission statement is to empower others to discover their purpose in life and to pursue it with all of their hearts. The various platforms in my life help to share the message that every individual can live a life with purpose and achieve true success. Together with his business partner Del Fujinaka they founded Personal Transformation International which is a 501(c)3 charitable organization. Together they empower people in the areas of health, finances, and relationships. When Kevin is not working he spends his time playing with his children, napping, reading, and playing music.



We will reschedule soon and send out information. Keep an eye out on the Shufu webpage as well.



IJF – A Referee, Bobby Donaldson (on the right) is presented an Achievement Award for mentoring referees by USA Judo Referee Commission, Russ Scherer (left), Gary Berliner (center). The award was presented to Bobby at the 2022 Morris Cup.
(photo by Lou DiGesare/realjudo.net)

Jason Morris Clinic - will be held on Saturday November 13th from 12 noon to 5pm. at York Brazilian Jujutsu, 3830 Union Deposit Road, Harrisburg, PA 17109. Takedown Clinic w/All-American Wrestler and Olympic Judoka Jason Morris is among the foremost authorities on takedowns in the United States and is a highly sought-after coach for Judo, BJJ, MMA and Wrestling. Jason has an unparalleled career that saw him become an NCAA Division 1 All-American Wrestler, a 2x NY State High School Wrestling Champion, a 4x Olympian in Judo including an Olympic silver medal, and the coach of the United States Olympic Judo Team. Clinics: 12-2 pm – Judo for Wrestling. This session is open to elementary through high school athletes. We will have plenty of assistants available to assist the different age ranges. No-gi. \$40
2-5 pm – Judo for BJJ/MMA. This session is open to teens and adults. 90 minutes gi; 90 minutes no-gi. \$75
For more information visit: [\(3\) Jason Morris Takedown Clinic | Facebook](#)

We want to help promote your club and its activities. Does your dojo or area have an event coming up? Share the news and the results with us.

In the interest of promoting judo, Shufu Judo Yudanshakai provides information about judo events that come to our attention. Shufu does not guarantee that any particular event, other than USJF events, is properly sanctioned. It is the individual's responsibility to check for a proper sanction.

Looking ahead to 2023-

| | | |
|----------------|--|---------------------|
| 18-19 Mar 2023 | USA Judo Youth National Championships | Lubbock, Texas |
| 20-21 May 2023 | USA Judo Senior National Championships | Spokane, Washington |
| TBD 2023 | USA Judo Junior Olympic Championships | TBD |
| 19 Nov 2023 | USA Judo President's Cup Championships | Irving, Texas |

WE NEED YOU!



We need you!! –Part of judo is Jita Kyoei – mutual welfare and benefit. Judo is a wonderful community of giving people who share a common interest. Each one of us has unique talents and resources that we can share. In order for judo to grow and develop we need your assistance. How can you help judo? What can you do to make a difference in your dojo or in the judo community? What do you love about judo, your club, the experience? How has judo impacted your life? Please share your thoughts, feelings and suggestions with us.



Sunday kata practice – Sensei Diane, Sensei Karl, Sensei Margie, Sensei Karen and sensei Fran are leading Sunday kata practice time. If you need to be evaluated

for promotion, need to get some expert feedback on your kata or have specific questions, join them on Sunday at Sport Judo in Springfield VA from 1 to 3pm. This is not time to learn a kata nor be taught. It is a practice time and evaluations. You should bring your kata partner. You need to pay a mat fee.



Club Updates from Shufu Judo Yudanshakai –

- Has your dojo started back to live in-person practices? Send us a write up about your club.
- **Please Share news about your club with us. Send us news, photos, and events.**



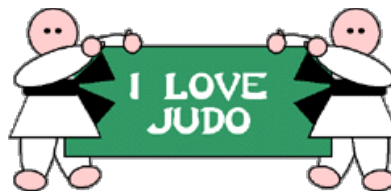
In loving memory of Mrs Dottie Tamai – She passed of cancer and other complications on Wednesday September 28 at her home surrounded by her children. She was the wife of Sensei Ken Tamai, mother of Margie Kettl, Joan Smith-Sullivan, Kevin Tamai, Karl Tamai, Kurt Tamai and Diane Jackson. She was a member of Shufu Judo Yudanshakai. She started her judo path in 1959 at the Washington Judo club where she met and married Ken Tamai, she earned the rank of Shodan. She not only raised two generations of judoka, but also continued to serve this Yudanshakai up until she passed. She is survived by her brother, 6 children, 16 grandchildren and 9 great grandchildren

For anyone wishing to contribute to the Dorothy Tamai Memorial Fund, please contact Kevin Tamai at 703-622-6861 or huiosensei@gmail.com



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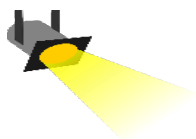
Shufu Président, Miki Takemori, ShufuPresident.Miki@gmail.com

Shufu Vice-President, Michael Landstreet

Shufu Board of Examiner chairman - Kevin Tamai, (703) 622-686, Email

–shufuboardofexaminerchairman.kevin@gmail.com

Visit the website at <http://www.shufujudo.org>



Shufu Spotlight

Shufu legend –

It is with deep sadness that we announce sensei Peggy Whilden. Passed away on October 8th due to complications from surgery to remove blood clots in her lungs. She was 95 years young. She was married to and predeceased in death by Walter H Whilden (better known as WH).

Our Judo community has lost two important members in the last weeks. Dorothy Tamai and Peggy Whilden both passed away recently. While neither may be as well-known as Jimmy Takemori, John Anderson, or John Morrison, senior judoka leaders who we have also lost in recent years, both of these remarkable women judokas made immense contributions to the growth of our local Shufu Judo community over two generations. The fact that their contributions are less well known is tied more to the history of women's Judo than the size and scope of their contributions.

Dorothy "Dottie" Tamai passed away on September 28th. She started Judo in 1959 – before Alaska and Hawaii were states (and two years before I was born). She studied under Sensei Don Draeger at Washington Judo club and earned her black belt. She was a serious and devoted judoka in her own right. Her love for Judo grew alongside of her love for a young Ken Tamai whom she married. Judo was a central part of their lives and of the family they built together. There is a scene in Frank Capra's fantasy film classic "It's a Wonderful Life" where the main character, George Bailey, gets the opportunity to see the hidden impact his life has had on his community. George's brother returns from WWII a hero having saved the lives of hundreds of fellow soldiers. He is decorated with medals awarded by the US President. George looks at his own life as worth little until his Guardian Angel, Clarence, comes to show him what would have happened had he not been born. At one point in the story, Clarence shows George that every one of those soldiers would have died if George had not saved his brother from drowning in a frozen lake as a child. Simple and small actions accrue over time. There are different kinds of heroism.

I didn't know Dottie Tamai when she earned her Shodan. I didn't know her for her talents on the mat. I met her in 1999 at a Judo tournament hosted and organized by her husband, Ken Tamai. Dottie was the one that extended the open heart of her family to the whole Judo community. She provided food and encouragement to competitors, referees, and tournament officials. It can be stressful behind the scenes of a Judo tournament. Dottie Tamai knew that and she also knew that every judoka was precious and deserved encouragement and support.

I did not know who she was when I first met her. What I saw was a demonstration of her values before I was introduced or knew her name. I was a brown belt beginning my own journey as a tournament official. I came into the hospitality room, hungry and eager for a bit of a break from tense mat side operations. I walked in as a young referee was getting a dressing down by the more experienced refs for some mistake made on the mat. As the senior refs departed, there was a tension of embarrassment and shame in the room. I ate quickly in silence as eager to escape again as I had been to get a break. The young ref was clearly emotionally affected by the talk.

After a thoughtful pause, Dottie said to the young ref *"Not everyone can do this. But by coming here today and getting out on the mat, you've already proved you can. If they didn't give you hard feedback, you would never get better. That's what Judo is about, getting better. Fast or slow. Now, go back out there and show them what you've got."*

What would have happened if Dottie Tamai had not been there at that moment to offer those words of encouragement? What would have happened if Dottie Tamai had never started her Judo journey? What would have happened if she had not raised a family of judoka who built two of the largest clubs in Shufu, Huio Judo and College Park. Her children themselves have each influenced hundreds of other judoka and provided a generational extension of the warmth and care that built a Shufu Judo family. At the heart of that Shufu Judo family was its Matriarch, Dottie Tamai, Shodan.

Today we know the names of some great American women judoka. Kayla Harrison won Olympic Gold. Ronda Rousey was also an Olympic Medalist who became known as an MMA fighter and a movie actor. The path for women competitors has been a difficult one. Sensei Rusty Kanokogi became a men's champion because there were so few opportunities for women's shiai competition in her time. For many years, the only path open to women who wanted to compete in Judo was that path of Kata competition. That is the path pursued by Peggy Whilden.



Peggy started Judo in 1968. It was an adventure and a lark. A fun thing to do with the family and a new endeavor for a professional physical educator and Pan American swimming competitor. But Peggy took to Judo with the gusto for everything else she did in life. Nearly 40 when she started, few might have expected her to reach 6th dan a half century later.

It was a love affair from the start. Also, at Washington Judo Club – then the center of Judo development in Shufu – Peggy came up under the guidance of Jimmy Takemori, his brother Edwin Takemori, and John Anderson. She brought technical precision, natural physical intelligence, and diligent labor to her Judo. She became a premier kata competitor at national and international levels. A kata team with Peggy was a winning team. Over the years, she competed with several partners: Gloria Smith, Miki Takemori, Phyllis Drescher, Karen Whilden, and Frances Glaze. Her attention to detail and dedication rubbed off. Each of her partners were major kata practitioners in their own rights.

Peggy and her partners competed and won at all levels of kata competition and especially in Ju no Kata and Katame no Kata. She even won at World Masters held at the Kodokan itself. Peggy was quiet, but a force to be reckoned with. She partnered with experienced judoka with extensive kata experience. Peggy was the one who sought out the best teachers with the best feedback to raise the standard of her teams. She practiced “mutual benefit and welfare” by improving every team that she was a part of.

For Peggy, Judo was an active pursuit fully engaged and worthy of sustained devoted effort. She became a student of Keiko Fukuda – the only female 10th dan – even though Fukuda’s dojo was on the other coast. She learned what she could from local teachers but was always willing to make a pilgrimage to places where there was more to learn. She was a regular at a variety of Judo camps where she could focus and dedicate herself to deepening her knowledge and learning from the best. She continued competing in kata into her 70s.

Peggy persevered. She lived the lessons of Judo and constantly got up when she got knocked down. She qualified for Pan Ams in swimming as a young woman but was not permitted to compete because she was pregnant. She qualified again in Judo, only to have her partner decline to go. Peggy was always willing to start over with a new partner and invest the time and training into building a new team. That was how she racked up medals at national, pan am, and world levels. Opportunities in Judo for women and for kata competition were limited back in the day. Peggy made the most of them. Understanding that her skills and capacities created a responsibility to share and teach, Peggy became a kata teacher and a kata judge at the national level. She was a frequent kata clinician. I was fortunate to have her insight into my own kata competition development. Her feedback helped my partner, Mark Smith, and I get a silver medal at Nationals in 2010. My fondest memory of Peggy was when I was practicing Ju No Kata with her daughter in law, Karen Whilden. We trekked to Peggy’s place in Solomons, Maryland where we found an impromptu practice space at which we hoped to get pointers from Peggy. We went through the whole kata without a word from her. The room was airconditioned and softly lit, but once Peggy turned her attention to us, it was as if I were under the glare of a spotlight. Her comments, corrections and suggestions came fast and furious. They included demonstrations, guidance by hand, and direction as to the tone, pace, and intent of every subtle motion in the kata. I thought I had at least a decent understanding having previously medaled in the kata at Nationals. Peggy’s guidance showed me how much more there was to learn and how much deeper our practice might go.

In the space of one month, our community has lost two epic women. I’m glad and grateful to have had each of them touch my own life. I look to them as real-life examples that Judo is for everybody and that there is a way and path for everyone to bring their skills, talents, capacity, and wisdom in service of “mutual benefit and welfare.”

Terence McPartland, Yodan

DC Judo

A note from Kevin Tamai - Sensei Peggy Whilden is currently a Rokudan in Shufu Judo Yudanshakai and is a member of Hui-O –Judo in Beltsville. She taught judo in her high school PE classes for 16 years. Sensei Whilden was in the Washington Judo club in the early 70’s then moved to the Baltimore Judo Club and is now a member of Hui-O. I could share with you a very long list of accomplishments and awards she has earned over the last four decades, but it would take a very long time. Over the last 40 plus years she has competed in the US Nationals, World Masters and the Pan Am Championships. She partnered with Gloria Smith, Phyllis Drescher and Karen Whilden. For her active 30 years of competition, she was ranked number 1 in Ju No Kata and Katame no Kata. She “retired” from active completion in 2004. Since then, she continues to contribute to the judo community as a certified “A” level judge in six of the katas at most of the major judo events, has always attended the famed “Joshi Camp”, has been a judge at the World Masters, continues to teach kata clinics around the country and so much more. Sensei Peggy Whilden continues to inspire us with her dedication to judo. Peggy was honored with the James Gosnell Inspirational Judoka Award for her lifetime commitment to judo.