

Shufu Judo Yudanshakai Shufu Shinbun

August 2022



Events:

1-3 Aug Training Camp

6-7 Aug Shufu USJF Koshiki No kata clinic

7 Aug Nina Cutro Kelly Clinic

13 Aug Shufu Board of Directors annual meeting

13 Aug Shufu Rank promotional event
13 Aug Shufu Board of Examiners meeting

11 Sept North American Judo Championships

Fort Lauderdale, FL Springfield, VA Alexandria, VA Beltsville, MD Beltsville, MD Beltsville, MD Wayne, NJ



<u>Save the date –</u> We are excited to announce that North Jersey Judo will host the first North American Judo Championships on September 11.

<u>Save the date</u> - Morris Cup on Sunday October 9th - Shiai (juniors, seniors and veterans), and Kata (Ju no kata, Katame no kata and Nage no kata). There may be the possibility of novice divisions for the katas if there is enough interest. Contact Teri Takemori (judoteri@gmail.com)



<u>Save the date –</u> We are excited to announce that The Compound in Silver Spring MD will host the Junior and Adult Novice tournament on November 4th. We welcome any new judoka to come compete. It will be around robin format for all judoka.

<u>Save the date –</u> We are excited to announce that the Virginia Open Judo championships will return to the Northern Virginia Community College in Annandale VA on Saturday November 19. More details coming soon.



Shufu Central Promotional, Shufu Board of Examiner and Board of Director

meeting will be held on Saturday, August 13th at Beltsville Community Center. Promotional – there are very specific deadlines for registration, Form 20, etc. Please see Shufu Website for details.

Board of Examiners meeting – contact Kevin Tamai at <u>email Kevin Tamai</u> for possible agenda items for the meeting.

Board of Directors meeting – contact Miki Takemori at ShufuPresident.Miki@gmail.com for agenda items for the meeting.

<u>Shufu Promotions</u> – Shufu Yudanshakai will hold the fall promotions on August 13 2022 at the Beltsville Community Center. Strict registration and paperwork deadlines are enforced.

<u>Shufu Board of Directors meeting</u> will be at the Beltsville Community Center on Saturday August 13 from 9am to 11am. All dan ranking judoka in Shufu are members of the BOD. All are expected to attend the meeting.

<u>Shufu Promotion Committee</u> – Board of Examiners will meet at the Beltsville Community Center on Saturday August 13 from 11 to 1. All Board of Examiners members are expected to attend the meeting.



Dear Shufu Yudanshakai member clubs,

This is to inform you that your dojo membership in USJF will expire in thirty days (August 31). In order to ensure continued benefits, please renew your membership. You can renew online through the member portal at member.usjf.com. If you let your membership lapse and renew late, you will not be eligible for certain benefits. A primary benefit of dojo membership is liability insurance, so if you allow your membership to expire, you will be operating without insurance until your membership is renewed. You may receive additional reminders if you do not renew immediately. If you have already renewed, thank you for your diligence, you may ignore this reminder. Finally, if you do not renew, we will send you an expiration notice. If we may be of any further assistance in this matter, please email the national office. This reminder was sent to huiosensei@gmail.com.

Contact Us: United States Judo Federation, P.O. Box 338, Ontario, OR 97914-0338 Phone (541) 889-8753 Fax (541) 889-5836

Email the office

We want to help promote your club and its activities. Does your dojo or area have an event coming up? Share the news and the results with us.

In the interest of promoting judo, Shufu Judo Yudanshakai provides information about judo events that come to our attention. Shufu does not guarantee that any particular event, other than USJF events, is properly sanctioned. It is the individual's responsibility to check for a proper sanction.





<u>USJF-USJA Summer Nationals</u> –

Congratulations to Jake Tamai with College Park Judo in College Park Maryland for earning a bronze medal at the 2022 Summer National Judo Championships held in Fort Lauderdale, Florida on July 21-24. We are



proud of all of our judoka who attended the United States Judo Federation and United States Judo Association 2022 Summer National Championships in Fort Lauderdale, Florida. Senior Kata Competition was also held in the usual 5 categories: Nage no



Kata, Katame no Kata, Ju no Kata, Kime no Kata, and Goshin Jutsu. The Summer Nationals also conducted referee evaluations.



<u>US Open International Judo Championships</u> - Congratulations to Jake Tamai with College Park Judo in College Park Maryland for earning a silver medal at the US Open Judo Championships held in Fort Lauderdale Florida. Congratulations to judoka from Sport Judo in Springfield VA 1st place in 60 kg Solyargal Bodigerel, 3rd place in 81 kg Edwin Vallejo, and

5th place in 70 kg Yasmin Alamin

Congratulations to Adam Moyerman from Liberty Bell Judo in Philadelphia PA- The 2022 Maccabiah Games (Hebrew: משחקי 1002 אמרביה 2022 המכביה 1004 took place from 14 to 27 July 2022 in Israel, and are also referred to as the 21st Maccabiah Games (Hebrew: - המכביה ה- 21). The Maccabiah Games are open to Jewish athletes from 80 countries around the world, and to all Israeli citizens regardless of their religion. There were over 10,000 athletes participating in 42 events, in the host city of Jerusalem, Israel. Team USA went from July 3 to July 27. They did training camp before the games. On the

Judo individual competition day Adam won a bronze medal in the open and gold medal in the 35+.

International Referee Sharon Landstreet, from Arlington Judo Club, was a referee at the 2022 Winterthur European Cup held in Winterthur, Switzerland July 16-17, 2022. Sharon received several compliments from the EJU Referee Commission. She had a good tournament and was selected as center referee on two finals and three bronze medal matches. The highlights at https://www.eju.net/gallery/ecup-sui-2022/238851/





New Judo club forming – Shufu Judo Yudanshakai is pleased to announce that Wes Wilson and Chris Round are launching a new judo club based out of High Noon BJJ in Alexandria, Virginia. The schedule for the senior judo program will be Monday and Wednesday from 7:30 to 9:30 PM, Tuesday and Thursday from 8 to 10 PM and Saturdays from 11 AM to noon. They will also be integrating into their junior program. More details to follow on practice times for juniors. The club will support both elite and recreational players, have a thorough and scientific approach to its curriculum, and will seek to be an inclusive and collaborative actor in the DC judo scene. High Noon BJJ is already a tremendously successful BJJ club, and we are excited to collaborate with them. We will offer private lessons, bring in top-level clinicians, and are working to offer international training opportunities. We are currently working on registering the club with the national orgs, including the USJF and thus Shufu. Please let me know if you have any questions, and we hope to see you soon!

2022 Nutmeg Games - Middletown CT July 9 - The Nutmeg Games (Connecticut State) were held

on July 9 in Middlebridge, Connecticut after a two year COVID hiatus. The state championship event was hosted by Blue Dragon Judo club, an USJF and Shufu club, Ms, Pam Hinkle, tournament director, led a well-organized and well-run tournament that attracted judoka from all over Connecticut and several other states. The head referee was Rick Celotto and the head kata judge was Diane Tamai Jackson. The tournament attracted over 150



participants from six states, Shufu supported the tournament through several representatives, including, Dick Hugh, Edwin Takemori, Karen Whilden, Cheryl Mitchell, and Rocky Madary.

Do you have news on one of your judokas or your club that we can share? Send us a note.

We are happy to announce that Shufu Judo Yudanshakai continues to grow and expand. We welcome a growing number of dojos joining us in the New England and northern areas. Shufu has clubs in Mississippi, South Carolina, North Carolina, West Virginia, Virginia, Maryland, Washington DC, Pennsylvania, Massachusetts, Connecticut, New York and lots of At-Large members around the country. Please encourage all of your club members to be members of USJF.

2022 Judo Summer Scrimmage

Teen Novice, Adult Novice & Veteran Tournament Announcement

When: Saturday, August 20, 2022 Where: Camal Judo, Totowa, NJ

Must register online through Smoothcomp: https://smoothcomp.com/en/event/8051

We are testing the smoothcomp system and we are running a small event with 50 or so athletes that wish to compete on Saturday, August 20. Proceeds will be used to purchase laptops, TV Monitors, wires and other equipment to support the smoothcomp operation at bigger events. We are looking to roll this out at the North American Judo Championships on September 11th and other events in 2022 and 2023. This event is for Teen, Adult and Veteran Novice.

Best, RamonHernandez.

P.S. I capped the event not to go over 50 so please get your registrations in early....Thank You High Noon BJJ is proud to host Nina Cutro Kelly for a Judo Seminar on Sunday, August 7th at 12:30PM! Nina is a 2021 Judo Olympian and World Sambo Medalist. The cost is \$50 before the event and \$60 the day of the event.



North Jersey Judo Tournament Announcement:

1st Annual North American Judo Championships USA Judo E Level Point Event, Run on Smoothcomp. Tournament Director: Ramon Hernandez. Chief

Referee: Devin Cohen. Registration & Weigh-Ins: September 10th12n – 4p

Tournament Date: September 11th 8am – 7pm

Tournament Site: Wayne PAL | 1 PAL Drive | Wayne, NJ 07470 Competitor Cap: 450 Athletes. it will be a USA Judo E Level Point Event and we will run the tournament on Smoothcomp. We are in the process of getting it already for you. How will this be a Win/Win for all of us? 1.

Everyone will have assigned mats 2. The event will be computerized 3. All brackets can be followed by athletes and families via the smoothcomp system with smart phones 4. All coaches will be able to follow when and where their players are on their smart phones 5. Easier Online Registration Process. As our events keeps getting bigger and bigger, we need to find solutions to help us run a smooth operation. Most Dojos are already registered in the smoothcomp system which will allow you to track your athletes. If your dojo isn't registered, please do that so you can better track your competitors. I'll be in touch shortly with more information.

Best, Ramon Hernandez, North Jersey Judo, 201-206-2705

ramon@northjerseyjudo.com www.northjerseyjudo.com

Looking ahead to 2023-

18-19 Mar 2023 USA Judo Youth National Championships20-21 May 2023 USA Judo Senior National Championships

Lubbock, Texas Spokane, Washington

Cutro Kel

TBD 2023 19 Nov 2023 USA Judo Junior Olympic Championships USA Judo President's Cup Championships

TBD Irving, Texas



WE NEED YOU! We need you!! -Part of judo is Jita Kyoei - mutual welfare and benefit. Judo is a wonderful community of giving people who share a common interest. Each one of us has unique talents and resources that we can share. In order for judo to grow and develop we need your assistance. How can you help judo? What can you do to make a different in your dojo or in the judo community? What do you love about judo, your club, the experience? How has judo impacted your life? Please share your thoughts, feelings and suggestions with us.



Koshiki-no-kata Clinic featuring David McFall on August 6 - 7, 2022 at Sport Judo in Springfield VA. Location: Sport Judo, 5405 Port Royal Rd., Springfield, VA, 22151 Sanctioned by: United States Judo Federation: # 22-XX-XX Clinician: David McFall, Godan Event Director: Diane Jackson Email: JudoDTJackson@gmail.com Clinic: Saturday Evening: 3:00pm – 6:30pm. Sunday 9:00am – 5:30pm(est) Registration: 2:30 – 3:00 pm (Saturday), 8:30 – 9:00 am (Sunday) There will be a break for lunch on

your own. A refrigerator is available if you bring a lunch. Clinic fee: \$80.00 (\$10.00 discount for USJF members). Payment options: Cash, Check to Shufu Judo, or Venmo payment (add \$2.00) to @JudoDTJackson.

About the clinician: David McFall first took to the tatami at the Cranford Judo and Karate Center under the instruction Yonezukasensei. After moving to Japan in 2006, he has spent the past fifteen years training in Tokyo, primarily at the Kodokan. He developed an interest in kata, particularly Koshiki no Kata, while observing 10th-dan Daigo-sensei's study group, the Kudenkai, in the main dojo of the Kodokan. After a period of three months observing this group, he was invited to participate with and ultimately join the Kudenkai. Practicing twice a week for over ten years, he has performed the Koshiki no Kata literally hundreds of times under Daigo-sensei. In addition to practicing the Koshiki no Kata, he attended monthly lectures by Daigo-sensei focused on the theory, practice and history of the Koshiki no Kata. He is one of only four non-Japanese who has been awarded (jyukutatsu) "Mastery of the technique" grading for Koshiki no Kata. In addition to kata training, he has done commentary for the International Judo Federation for four world championships as well as the 2016 Rio Olympics and Paralympic Games.



Koshiki no Kata (*Form of the antique things*) is a Judo kata of 21 prearranged techniques. The set of forms is antique and were intended for "Kumiuchi", the grappling of armored warriors in the feudal ages. As such, the kata is to be performed with both partners imagining that they are clad in armor. Links to videos: Koshiki no kata performed by N. Murata in 2013 on YouTube, Koshiki no kata performed by M. Yamashita on YouTube; Jigoro Kano Kito Ryu no Kata koshiki omote on YouTube. English description of Koshiki No Kata by N. Saito at Shufu Judo

Registration by google form{Register here} or participation intent by email is encouraged. Waivers and membership confirmation will be on-site. Participation Eligibility: USJF, USJA and USA Judo members. Membership cards must be presented on the day of the event to participate on the mat. Personal water bottles are encouraged. Be prepared to follow CDC, State or County guidance for local COVID conditions. No recordings. Travel: Washington area Airports: Reagan National (DCA), Baltimore-Washington International (BWI), Dulles International (IAD). Hotels: Expedia link for hotels with venue address.



Sensei Frances Glaze Kata Clinic Series - Thank you to Max Out Sports for hosting Sensei Frances Glaze and Sensei Diane Jackson for the next session in the kata series Kodokan Ju No Kata Clinic on Sunday July 24 2022 at the Max Out Sports (23860 Miles Road in Bedford Heights, OH 44128) In this clinic, judoka were taught Ju no Kata, "forms of gentleness" which are a set of prearranged forms. It is designed to teach the fundamental principles of judo, especially vielding or gentleness. It consists in three sets of techniques and is performed by a pair of people one acting as an Uke and the other as a Tori. The kata doesn't involve the completion of any throws. Sensei Frances Glaze is a Shichidan, USJF A Level kata instructor, USA National Kata Judge in all 7 katas, IJF Kata Judge, World Masters Champion, National Champion in several katas and a Pan American Champion. Sensei Diane Jackson is a Rokudan from Hui-O-Judo in Beltsville, MD. She was a USA World team member for 8 World Kata Championships, Pan-



American and National Champion in multiple katas, a Pan-American kata judge, and a National referee.



<u>Sunday kata practice</u> – Sensei Diane, Sensei Karl, Sensei Margie and Sensei Karen are leading Sunday kata practice time. If you need to be evaluated for promotion, need to get some expert feedback on your kata or have specific questions, join them on Sunday at Sport Judo in Springfield VA from 1 to 3pm. This is not time to learn a kata nor be taught. It is a practice time and evaluations.



At the last <u>Shufu Yudanshakai Blackbelt meeting</u> we discussed the opportunity to have a professional Spotlight Video created for your Judo Dojo/Club. Brad Lewis is leading the effort and has gained the volunteer service of his friend and Video Producer, Patty Blue Hayes. Patty and Brad are planning out this summer's travel up and down the East Coast and would like you to reply directly to them to schedule a visit for them to put together a Video to both spotlight Your Club and Judo as a whole. Please reply back to all, so that Brad and Patty can put your

club into their travel plans! This is a great opportunity for your Club, Shufu and Judo as a whole! You can also contact Patty directly for some details about the Videography! **Patty Blue Hayes**, Author • Life Coach

e: pattybluehayes@gmail.com

p: (805) 242-6986

w: pattybluehayes.com



Club Updates from Shufu Judo Yudanshakai -

• Arlington Judo has stated back to in-person live classes. A large number of new judokas signed up for the new beginner classes. They offer two kids beginner classes, one on Tuesday and one on Thursday, an adult beginner class, and junior intermediate class and a senior intermediate class which both meet both Tuesday and Thursday. For more information on Arlington Judo visit our website at www.arlingtonjudoclub.org

- College Park Judo in Maryland has started back to live in-person classes. Classes are
 Tuesday and Thursdays from A large number of new judokas signed up for the new beginner,
 intermediate and advanced classes. For more information on College Park Judo, please visit
 our website at www.collegeparkjudo.org
- Has your dojo started back to live in-person practices? Send us a write up about your club.
- Please Share news about your club with us. Send us news, photos, and events.

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For more information contact:
Shufu Président, Miki Takemori, ShufuPresident.Miki@gmail.com
Shufu Vice Président, Michael Landstreet
Shufu Board of Examiner chairman - Kevin Tamai, (703) 622-686, Email – shufuboardofexaminerchairman.kevin@gmail.com

Visit the website at http://www.shufujudo.org





Shufu Spotlight Pam Hinkle Blue Dragon Judo Club



Pam Hinkle is the head sensei at Blue Dragon Judo Club and tournament director for the Nutmeg Games for Judo. She was originally from Denver Colorado but has lived all over the USA. She has been an English Teacher at Middletown Public High School based in Middletown, Rhode Island for well over 20 years now. Sensei Hinkle earned her masters degree in 1986 in Philosophy from John Hopkins University. She got her undergraduate degree in Philosophy and Psychology from Connecticut College in 1981, then wen on to Central Connecticut State University from 1981-1983 where she got a degree in teaching English. Pam was an English Teacher at Oxen Hill Middle School and at the Eckerd Youth Development in Maryland. She has two boys, Kevin and Ari.



"I have a hundred answers for why I keep teaching judo. One is that judo is a great way to get judo students to channel their energy and frustrations," said Hinkle.



What Hinkle enjoys talking about is the success of her students when she taught at the Eckerd Youth Challenge Program, a school in Charles County, Maryland for troubled boys from 14 to 18 years of age. "It's a six-month program for kids who have been arrested for everything from breaking and

entering, drug activity and violating probation," said Hinkle, who taught English and social studies at the school. "They just need help getting back into the community and regular schools, successfully. Anything I can do to help, I love doing

it." Hinkle started a juniors judo club at the Eckerd school in May 1988.

Hinkle toyed with team sports like field hockey and basketball, but began participating in judo as a 14-year-old living in Westbrook, Conn. She preferred judo's one-on-one contact and continued her participation into college. "I enjoyed some early success in tournaments. Then I became a black belt as a senior and started a judo club of beginners with four to six people," said Hinkle.





The Blue Dragon Judo Club is operated by Sensei Pam Hinkle. We are currently conducting classes at The Cage JSA 14 Alcap Ridge Cromwell, CT

Mon & Wed:

Juniors 6:30pm - 7:30pm Seniors: 7:30pm - 9:00pm

Sunday Open Mat:

Seniors & Rising Juniors: 9:00am - 10:30ish

For more information please email us at bluedragonjudoclub@gmail.com or message us through Facebook



John C. Morrisson

APRIL 4, 1936 - MARCH 12, 2022

A tribute to John Morrison

Shufu Judo Yudanshakai is sad to announce the passing of Sensei John Morrison on Saturday, March 12, 2022. He was predeceased by his wife, Betty Jane and his sister, Joan Shugar. He was born in PA on April 4, 1936 a son of the late Sylvester W. and Emma



(Immendorf) Morrisson, He will be missed greatly by all who knew him. He is survived by his son Russell and wife Cyndee Morrisson, sister Elaine Bethel, sister-in-law Marion Rosen, 4 grandchildren and 5 great grandchildren. A graveside service was held on March 28th at 11am at the Forest Hills Memorial Park. He served his country in the Marine Reserves and enjoyed a career as a supervisor with AT&T. He enjoyed playing the bagpipes and gardening. John was active in judo in many different roles but his main love and devotion was to his family.

In Shufu Yudanshakai, we have already lost many judo greats of his generation including



Kenzo Uyneo, Don Drager, Prof. Ishikawa, Tim Dalton, Ken Tamai, Dr Koiwai, John Anderson, Jimmy Takemori and many others. Each of these are now watching over us to see how we will continue the judo traditions. They helped to build our judo community and set the foundation for who we are. I thought about how I could sum up and celebrate John's life. While there are so many stories that I could share with you from many years of judo together, each person reading this may have many memories and stories that you hold in your heart. Each may have known a different version or perspective of John. Each one of you he touched is part of his legacy and is a continuation of John's life.

John Morrisson started judo in the early 1950's. He was a member of several other JBBF and USJF clubs including Cranford Judo in Cranford, NJ under sensei Yoshisada Yoneska and Ishikawa Dojo in Philadelphia PA under Professor Ishikawa. He was a life member of the United States Judo Federation. He served as vice president and president of Shufu Judo Yudanshakai for 12 years and was a delegate at many national meetings. He helped to revise the USJF rank



system. He was a member of the Shufu Judo Yudanshakai Board of Examiners, Chairman of the Virginia Judo Inc Promotion Board, a national referee. He was a Shichidan (7th degree black belt) in judo. He joined the Arlington Judo Club in 1998 and served as their technical advisor.

Judo is the "gentle way". John was a quiet, gentle, caring presence. He helped to lead and guide us. In judo, one of our principles is "Jita Kyoei" which means mutual welfare and benefit. We learn from and help each other to grow into the best person we can be. Judo teaches us to continually improve ourselves and to contribute to society in a positive way. John embodied these parts of judo. He was happy to give his time as a friend, a teacher, a referee, a mentor, or whatever capacity he was asked to be. He was happy to share is love of judo with others. He never sought spotlight or recognition.



There are certain people who come into your life and leave an indelible mark on you. He was one of those people, to me and to many others he touched. We



celebrate his life and the gift of the time each of us got to spend with him. Time is the greatest gift anyone can give. Money cannot buy time. Our time is precious, so who we share it with and how much we share with other makes a difference. Each person has enjoyed different memories of their time with John. He left a part of himself in each one of us. We do not mourn the loss of John, rather, we thank God that such a man lived. Please take a moment and reflect on the life and joy that John has brought to each one of us. He instilled a part of himself in each of us. He leaves a legacy for each one of us. We will love him always and cherish the gift of time we were able to spend with him.



Shufu Yudanshakai will host a celebration of life to honor Sensei Morrisson life at the Beltsville Community Center on Saturday, August 13 from 1-3pm. Please RSVP to Kevin Tamai (shufuboechairman.kevin@gmail.com if you plan to attend.