



Shufu Judo Yudanshakai

Shufu Shinbun

September 2022



Events:

11 Sept North American Judo Championships

Wayne, NJ

7-9 Oct USJF Meetings

San Francisco, CA

9 Oct Morris Cup

Burnt Hills, NY

22 Oct Takemori Clinic Series – Kevin Asano

Hyattsville, MD

4 Nov Compound Novice tournament

Silver Spring, MD



Congratulations to recent rank promotions:

Matteo Vieiro – Shodokan Judo (MA) – Gokyu to Yonkyu

Matthew Coon – Toshi Budokai (MA) – Yonkyu to Sankyu

Eric Michaud – Minami Kaigan Judo (MA)- Shodan to Nidan

Shaun Eddy – Hui-O-Judo Beltsville (MD) – Shodan to Nidan

Guilio Agnetti – Movement Lab (MD) – Shodan to Nidan

Eric Michaud – Minami Kaigan Dojo (MA)- Shodan to Nidan

Michael DeGaetano – Hui-O-Judo Beltsville (MD) – Shodan to Nidan

Robert Hunt – Budokan (MD Nidan to Sandan



Dear Shufu Yudanshakai member clubs,

This is to inform you that your dojo membership in USJF expired on August 31. In order to ensure continued benefits, please renew your membership. You can renew online through the member portal at member.usjf.com. If you let your membership lapse and renew late, you will not be eligible for certain benefits. A primary benefit of dojo membership is liability insurance, so if you allow your membership to expire, you will be operating without insurance until your membership is renewed. You may receive additional reminders if you do not renew immediately. If you have already renewed, thank you for your diligence, you may ignore this reminder. Finally, if you do not renew, we will send you an expiration notice. If we may be of any further assistance in this matter, [please email the national office](mailto:huiosensei@gmail.com) - no@usjf.com.

This reminder was sent to huiosensei@gmail.com

Contact Us: United States Judo Federation, P.O. Box 338, Ontario, OR 97914-0338 Phone (541) 889-8753 Fax (541) 889-5836



Saturday August 13 was a big Shufu Judo Yudanshakai day. We had rank promotions, our Board of Directors meeting, our Board of Examiners meeting and a wonderful tribute to celebrate the life of our past president and friend, Sensei John Morrisson

I would like to thank everyone who attend the promotions today, whether live at the dojo or on our virtual links thru zoom.

A big shout out to Kurt Tamai, Bobby Donaldson, Robert Dirk Winston, and John Floyd for stepping up and away from our Shufu Yudanshakai Board of Directors meeting to be Senior examiners for our judoka testing for their dan rank promotions



**THANK
YOU
FOR BEING
AWESOME**

- Thank you to Sensei Karen Whilden and her team for their time, energy and hard work to get these and many other candidates paperwork ready to submit for promotion.
- Thank you to all of our dan ranking judoka who attended the Board of Director's meeting today, some in person and some on virtual links
- Thank you to the Shufu Yudanshakai Board of Directors, of which I am the chairman, who each traveled in, from as far as Boston, or joined us remotely via virtual links, for their personal time away from family to focus on the Shufu judo community at large. We met today to discuss, not just the above promotions, but many other concerns and topics for the judo community.
- Thank you to the members of Hui-O-Judo and the Beltsville Community Center for hosting this event. Special thanks to Mr. James 'Ed' Nabors and Margie Kettl.
- Judo is about jita kyohei and about improving ourselves each day. Those who help to and give alot of their own personal time throughout the year to help keep judo, not just continuing but to regrow and continually evolve. We share our love of judo with so many others.
- Thank you to all of those who also stayed to celebrate the life of sensei John Morrisson. It was a wonderful time for fellowship and a great tribute to our friend and mentor. May he rest in eternal peace and happiness, united together with Betty.

- Finally thank you to everyone reading this post for being a part of the Shufu Judo Yudanshakai community. Please continue to do what you to help grow judo and share your love of this sport.

Respectfully Kevin Tamai, Chairman Board of Examiners, Shufu Judo Yudanshakai



Club Updates from Shufu Judo Yudanshakai –

- Has your dojo started back to live in-person practices? Send us a write up about your club.
- **Please Share news about your club with us. Send us news, photos, and events.**

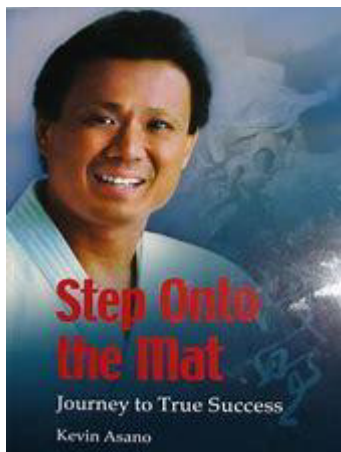


Shufu Judo Yudanshakai is pleased to announce the next clinic in the **Takemori Clinic Series** on October 22 at the DeMatha Catholic High School in Hyattsville MD. The clinician will be Kevin Asano. There will be three sessions



available. Friday night open mat workout, Saturday morning (targeted at juniors) Saturday afternoon (targets at seniors). All will have opportunities for photographs and autographs.

Kevin Yoshimi Asano (born April 20, 1963) won the silver medal in the men's extra-lightweight competition at the 1988 Summer Olympics Seoul, Korea. On his way to capturing the medal he beat Shinji Hosokawa, who was the reigning world champion and 1984 Gold Medalist. Asano came close to winning the gold medal but lost it on a one-point penalty to Kim Jae-Yup of South Korea.



Asano was born in Hawaii. He graduated from Pearl City High School in Hawaii in 1981, studied Japanese and trained in judo at Tokai University for two years, then went on to study at San Jose State University where he graduated in 1989 in accounting. In 2008, Kevin Asano's autobiography, ***Step Onto the Mat: Journey to True Success***, was published by White Mountain Castle Publishing LLC. He co-founded Pacific Rim Legacy Group, a financial planning organization and division, a 501(c)3 organization.

He has served as President of Hawaii Judo, Inc., the state judo governing body of USA Judo and President of the **United States Judo Federation**, a grassroots national judo organization. He is also the head instructor of **Leeward Judo Club** in Hawaii. USA Judo announced Kevin Asano among its inaugural Hall of Fame inductees in 2008 along with Eddie Liddie, Mike Swain, and Jimmy Pedro. He is also a member of the Hawaii Sports Hall of Fame 2000 inductees and is also a member of the San Jose State University Sports Hall of Fame. In 1988, Asano was named the US Olympic Committee's US Judo Athlete of the Year.

My personal mission statement is to empower others to discover their purpose in life and to pursue it with all of their hearts. The various platforms in my life help to share the message that every individual can live a life with purpose and achieve true success. Together with his business partner Del Fujinaka they founded Personal Transformation International which is a 501(c)3 charitable organization. Together they empower people in the areas of health, finances, and relationships. When Kevin is not working, he spends his time playing with his children, napping, reading, and playing music.



Congratulations and thank you to Chris Round and High Noon Judo and BJJ for hosting Nina Cutro-Kelly for a clinic on August 7th. Nina Cutro-Kelly (born 12 December 1984) is an international level judoka. Nina is the oldest in a family of six children. At the age of 8, she started judo as a hobby along with her father who had



practiced as a teenager. At 14, Nina began training with 1992 Olympic Coach Jim Hrbek. She still had no intention of ever competing in the sport, despite having wrestled in middle school. At Hrbek's urging, Nina began competing in late 1999 and placed second in her first Junior National event in the summer of 2000. The year 2002 was a busy and pivotal one for Nina. She completed high school after only three years and graduated with honors a full year early. During the next four years, Nina successfully balanced a busy judo schedule, a part-time job, and a full course load for a double major in Pre-Law and French at Union College. Upon graduation from Union in 2006, Cutro-Kelly decided to defer law school and accepted a full-time teaching position as a lecturer of English at Rennes



University in Rennes, France. In 2009, Nina made the transition from -78kg to +78kg and has been succeeding in her new weight division. In 2010, she moved up 60 places on the World Ranking List. In 2011, having completed her Master's Degree in Teaching ESL, Nina made the decision to relocate to the US in order to have a better chance of qualifying for the Olympics. Nina currently trains at Universal Judo, located in San Antonio, TX with Coach Jim Hrbek. In 2011, Nina combined her experience in judo and wrestling and earned a bronze medal at the World Sambo Championships. She followed up this surprise success with a silver medal at the 2012 Moscow Sambo Super World Cup. Nina currently balances Judo and Sambo with a full-time job as an ESL teacher and a small translation business. She competes in both judo and sambo. She competed in the women's +78 kg event at the 2020 Summer Olympics in Tokyo, Japan. Cutro-Kelly is a member of Team USA, having competed in eight world championships in the sport of Judo. She competes as a heavyweight and is a 5th degree black

belt. She won a bronze at the 2015 Pan American Games in Toronto, a bronze at the 20022 Championships in Lima, a silver at the 2021 Championships in Guadalajara, a bronze at eth 2015 championships in Edmonton and a bronze in the 2017 Championships in Panama City. Cutro-Kelly is a graduate of Union College in Schenectady, NY and has a Master's Degree from Université de Rennes in Rennes, France. She is openly bisexual. High Noon practices 5 days a week. Monday and Wednesday from 730 to 9. Tuesday from 8-930 and Saturdays from 11-12 which is followed by open mat. There is a great partnership between the parts of the club. With a weekly fee for unlimited mat time. High noon is located at 55 s. Bragg Street in Alexandria, VA 22312. For more information contact Chris Round at 703-665-9530 or visit the website at www.highnoonbjj.com



Koshiki-no-kata Clinic – Shufu Judo Yudanshakai was proud to present a Koshiki no kata clinic featuring David McFall on August 6 - 7, 2022 at Sport Judo in Springfield VA. This event was

sanctioned by: United States Judo Federation. Thank you to the Event Director, Diane Jackson for organizing this event. The clinic was on



Saturday evening from 3:00pm – 6:30pm and on Sunday 9:00am – 5:30pm. Other top USA Kata clinicians who attended were Takeuchi sensei and Frances Glaze sensei.

David McFall first took to the tatami at the Cranford Judo and Karate Center under the instruction Yonezuka-sensei. After moving to Japan in 2006, he has spent the past fifteen years training in Tokyo, primarily at the Kodokan. He developed an interest in kata, particularly



Koshiki no Kata, while observing 10th-dan Daigo-sensei's study group, the Kudenkai, in the main dojo of the Kodokan. After a period of three months observing this group, he was invited to participate with and ultimately join the Kudenkai. Practicing twice a week for over ten years, he has performed the Koshiki no Kata literally hundreds of times under Daigo-sensei. In addition to practicing the Koshiki no Kata, he attended monthly lectures by Daigo-sensei focused on the theory, practice, and history of the Koshiki no Kata. He is one of only four non-Japanese who has been awarded (jyukutatsu)

“Mastery of the technique” grading for Koshiki no Kata. In addition to kata training, he has done commentary for the International Judo Federation for four world championships as well as the 2016 Rio Olympics and Paralympic Games.

Koshiki no Kata (*Form of the antique things*) is a Judo kata of 21 prearranged techniques. The set of forms is antique and were intended for "Kumiuchi", the grappling of armored warriors in the feudal ages. As such, the kata is to be performed with both partners imagining that they are clad in armor. Links to videos: [Koshiki no kata performed by N. Murata in 2013 on YouTube](#), [Koshiki no kata performed by M. Yamashita on YouTube](#); [Jigoro Kano Kito Ryu no Kata koshiki omote on YouTube](#). English description of [Koshiki No Kata by N. Saito at Shufu Judo](#)



We want to help promote your club and its activities. Does your dojo or area have an event coming up? Share the news and the results with us.

In the interest of promoting judo, Shufu Judo Yudanshakai provides information about judo events that come to our attention. Shufu does not guarantee that any particular event, other than USJF events, is properly sanctioned. It is the individual's responsibility to check for a proper sanction.



North Jersey Judo Tournament Announcement: 1st Annual North American Judo Championships

USA Judo E Level Point Event, Run on Smoothcomp. Tournament Director: Ramon Hernandez. Chief Referee: Devin Cohen. Registration & Weigh-Ins: September 10th 12n – 4p
Tournament Date: September 11th 8am – 7pm
Tournament Site: Wayne PAL | 1 PAL Drive | Wayne, NJ 07470
Competitor Cap: 450 Athletes. it will be a USA Judo E Level Point Event and we will run the tournament on Smoothcomp. We are in the process of getting it already for you. How will this be a Win/Win for all of us? **1.** Everyone will have assigned mats. **2.** The event will be computerized.

3. All brackets can be followed by athletes and families via the smoothcomp system with smart

phones. 4. All coaches will be able to follow when and where their players are on their smart phones. 5. Easier Online Registration Process. As our events keeps getting bigger and bigger, we need to find solutions to help us run a smooth operation. Most Dojos are already registered in the smoothcomp system which will allow you to track your athletes. If your dojo isn't registered, please do that so you can better track your competitors. I'll be in touch shortly with more information. Best, Ramon Hernandez, North Jersey Judo, 201-206-2705 ramon@northjerseyjudo.com

www.northjerseyjudo.com

Looking ahead to 2023-

18-19 Mar 2023	USA Judo Youth National Championships	Lubbock, Texas
20-21 May 2023	USA Judo Senior National Championships	Spokane, Washington
TBD 2023	USA Judo Junior Olympic Championships	TBD
19 Nov 2023	USA Judo President's Cup Championships	Irving, Texas

WE NEED YOU!



We need you!! –Part of judo is Jita Kyoei – mutual welfare and benefit. Judo is a wonderful community of giving people who share a common interest. Each one of us has unique talents and resources that we can share. For judo to grow and develop we need your assistance. How can you help judo? What can you do to make a difference in your dojo or in the judo community? What do you love about judo, your club, the experience? How has judo impacted your life? Please share your thoughts, feelings, and suggestions with us.



Sunday kata practice – Sensei Diane, Sensei Karl, Sensei Margie, Sensei Karen and sensei Fran are leading Sunday kata practice time. If you need to be evaluated for promotion, need to get some expert feedback on your kata or have specific questions, join them on Sunday at Sport Judo in Springfield VA from 1 to 3pm. This is not time to learn a kata nor be taught. It is a practice time and evaluations. You should bring your kata partner. You need to pay a mat fee.

Kodokan Judo

Jigoro Kano's ideas for education based on Seiryoku Zenyo and Jita kyoei which he called "Kodokan Judo", brought an opportunity to his country and, indeed, to the world. Kodokan Judo began as the work of the founder, J. Kano (1860 – 1938), being an ideal method for EDUCATION.

Jigoro Kano in a conference in 1889 said: "Following my study at the Tenjin shin yo ryu and the Kito ryu, it is my conviction that, by making some improvements to Ju jutsu, it can be adapted to become a method to achieve the goals of bujutsu but, at the same time, this art can help us reach the three forms of education (San-iku):

- Physical Education (*Taiiku*)
- Intellectual Education (*Chiiku*)
- Moral Education (*Tokuiku*)"

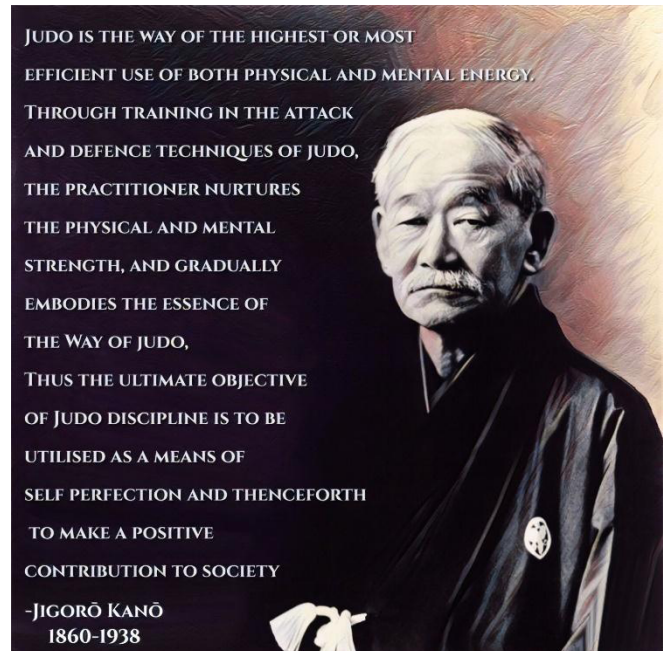
Jigoro Kano wanted to bequeath his creation not only to his country but to the entire world. Today we can say that his method, Kodokan Judo, works exactly as the founder intended. Judo, in the founder's vision, was created to educate the young and, in this way, to contribute to a better Society.

Jigoro Kano's idea was to contribute healthy, intelligent people to Society, who also had a generous ethical spirit. For various reasons, however, Judo is sometimes used in only a partial way and, at times, incorrectly and this caused the founder a certain amount of worry.

Judo, from when it was accepted as an Olympic Sport, has never truly managed to deliver a "complete" result. Many don't see Judo for what it is or prefer it to be simply a "sport". but "true" Judo manages to resist the various attempts to distort its true nature, thanks to the tireless work of a great many Judo Masters.

Judo is effective. Judo needs to be promoted at every level and with modern and technologically advanced communication means. Judo has to be practiced if it is to be understood and this means practicing with qualified teachers who have the technical, didactic and cultural knowledge to achieve the level of expert, aiming to draw a path for each student that corresponds to their level of skill and ability.

1. First level: technical skill.
2. Second level: didactic knowledge.
3. Third level: methodology knowledge (*a set of technical and didactic procedures used by the teacher to reach the objective and/or set results*).
4. Fourth level: the choice of content (*technical, didactic, methodology*), which the Kodokan Judo method by Jigoro Kano offers, with the correct use of the four basic pillars: "Randori/Kata for the practical side, Koji/Mondo for the theoretical side. This Judo proposal must be appropriate for those starting out with Judo and

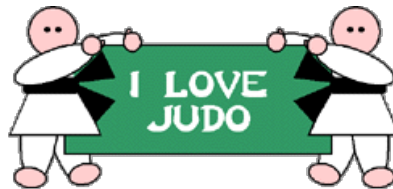


for Judo experts who aim to reach the point, known in Ju Jutsu (*the Art of giving way*), the forerunner to Judo, which has the name of *Menkyo Kaiden*. (*Menkyo authorization to teach the school's method, and Kaiden represents the transmission of all the Master's knowledge and the delivery of the school's texts for safekeeping*).

5. Fifth level: reaching an ideal objective: the so-called “higher Judo” a method which produces healthy, intellectually evolved people, with a deep sense ethical and moral responsibility, people able to rationalize with their neighbor, well-adjusted in their lives, people who know how to make their own contribution to the collective well-being and, in short, useful men and women for Society.

精力善用 自他共榮

Develop Yourself to Your Fullest Potential So That You and Others May Live Harmoniously



For more information contact :

Shufu Président, Miki Takemori, ShufuPresident.Miki@gmail.com

Shufu Vice Président, Michael Landstreet

Shufu Board of Examiner chairman - Kevin Tamai, (703) 622-686, Email
–shufuboardofexaminerchairman.kevin@gmail.com

Visit the website at <http://www.shufujudo.org>

Attention Shufu Yudanshakai. The Shufu Executive Committee is looking for clubs or programs who would like to host the following events in 2023:

* Shufu Rules Clinic- usually February

* Shufu Central Promotional & BOD/BOE meetings in Winter/Spring (possibly Feb) and Summer/Fall (possibly August/September).

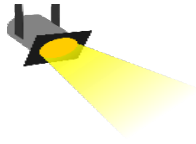
* Takemori Open – usually June

* Shufu Open – usually February

* Eastern Open – usually August but sometimes Labor Day weekend

Please contact Miki Takemori at ShufuPresident.Miki@gmail.com

Thank you for your support.



Shufu Spotlight Richard Hugh

Written by Roy Englert Jr.



Dick Hugh, at the age of 91, continues to contribute to judo. He attends the overwhelming majority of Shufu events. He still runs a judo club in Wilmington, Delaware. He has mentored hundreds of judo referees. Shufu believes that he would be an excellent addition to the USJF Hall of Fame.

Dick began teaching judo as the Chief Instructor of the Wilmington YMCA Judo Club in 1958. He has served as chairman of the Referee Development and Certification Committee of USJF. He is a USJF and Kodokan Shichidan, last promoted some 14 years ago in 2006. He has held a Class A Referee License from the IJF since 1976 – some 44 years! He has served as Chairman of the Rules Subcommittee and Referee Commission of USA Judo.

Studying to become a referee and ascend the referee ranks under Dick has never been for the faint of heart, and still isn't. But he has generously shared his technical knowledge and experience with lower-ranked or beginning referees for the almost five decades; I have personally known him, and he still does. He encourages people to enter and rise through the referee ranks. He played key roles in my own path from National to IJF-B to IJF-A referee in the 1980s and 1990s. He ably led both the USJF and USA Judo referee commissions.

Shufu is a geographically large Yudanshakai. Although it no longer blankets the entire East Coast as it did when it was formed in 1953, it still has clubs from Maine to Mississippi and a few members in Texas. We have had to hold promotionals in “Shufu North” separately from the “Shufu Central” promotionals. It exemplifies Dick's continuing commitment to judo that, as recently as last year, in his 90s, Dick traveled to Massachusetts to help with the Shufu North promotional.

Dick Hugh's reminiscences

I started judo sixty-seven years ago. On a Wednesday afternoon in January 1953, I enrolled in a sport judo class on Ramey Air Force Base in Puerto Rico while stationed there. The class was conducted by Sgt. Paddy McDonald and his assistant Sgt. Kajalahti. Sgt. McDonald just completed his judo and karate training at the Kodokan in Japan. They were instructors in the Physical Conditioning and Combative Measure Unit of the Strategic Air Command (SAC) of USAF. In August that year, a memorable event took place: the visit of the Kodokan team of judo and karate masters led by Kotani Sensei. I and my partner, George Maeda, did randori with them on stage. Before departure the team promoted us to the rank of sankyu each with a brown belt and a Kodokan membership.

Mr. Charles Yerkow was a sportswriter and a judoka who had written books in judo. He taught judo at the New York City Flushing YMCA. I contacted and visited him. From there I learned about and visited the New York

Dojo with George Yoshida sensei and the Washington Judo Club at the Pentagon with Donn Draeger and Jimmy Takemori.

After being discharged in 1954, I studied chemical engineering at Virginia Polytechnic Institute under the GI Bill and started the VPI Judo Club. My first judo competition was in 1955. I and my roommate hitchhiked from Blacksburg, VA to Wayne, Pa to compete at the Valley Forge Military Academy.

After graduation in 1957, I went to work for the Esso Oil Company in Linden, NJ, and started the Elizabeth YMCA Judo Club. I also practiced judo at the New Brunswick YMCA Judo Club with Tim Dalton. In 1958 I received my shodan promotion and later that year I accepted a position with the Tidewater Oil Company in Delaware City, DE, and started the Wilmington YMCA Judo Club, where I was the instruction for over 30 years. I also initiated the Wilmington YMCA Judo Invitational Tournament which ran for over a decade.

Between 1958 and 1960, I traveled most weekends to practice at the Baltimore Judo Club with Kenzo Ueno Sensei, Lanny Miyamoto Sensei, and John Anderson on Saturdays and the Washington Judo Club on Sundays.

Because of injuries, I retired from active competition, but continued to teach and to randori. In fact, I became assistant instructor for Ishikawa Judo in Philadelphia where I learned to play the game of go. I never got beyond the rank of yonkyu in go. At the urging of Dr. E.K. Kowai, I began attending Middle Atlantic AAU monthly meetings and national judo meetings.

In 1972, I was the tournament director for the Senior National Judo Championships held at the Temple University McGonigle Hall in Philadelphia. With the formation of USA Judo, I was appointed rules subcommittee chairman and certified as national judge for nage-no-kata, katame-no-kata, and ju-no-kata.

In 1976, I was certified as an IJF International Referee and nominated to referee at the 1980 Moscow Olympics, but because of the boycott I could not attend. In 1989 I refereed at the World Judo Championships in Belgrade, Yugoslavia.

I have been judo referee chairman of USA Judo and the USJF. In that position I implemented the current national referee certification and evaluation programs.

Today I am a Hachidan of USJF and hold membership in all three national judo organizations – a requirement to serve the judo community. I am still active in assisting dojos and tournaments with advice and teaching. Old soldiers never die they just fade away.

Side note – at 91 years old, Sensei Hugh is on the mat every week for club practices and workouts. He also teaches zoom class for Chinese learning to speak English and for English learning to speak Chinese.