



Shufu Judo Yudanshakai Shufu Shimbun

(in memory of Malcom Hodges, Shufu's original editor of Shufu Shimbun)

March 2025



Upcoming Events:

March 1 – Beginner Referee Clinic at Arlington Judo, Arlington VA 10am-4pm.

March 22 – Jim Rivera Memorial Shiai at St Francis Shiai – Triangle VA

March 29 – Shufu Spring promotional

March 29 – Shufu Yudanshakai Board of Examiners meeting

March 29 – Shufu Yudanshakai -Board of Directors meeting

April 5 – Ken Tamai Memorial Judo Championships – Beltsville MD

SAVE THE DATE –May 4 (Date change) - Takemori Clinic with Hatsuyuki Hamada at



Sport Judo

WE NEED YOU!



Are you a member of Shufu Judo Yudanshakai? Has your membership lapsed. Please check your membership status. Encourage others in your judo community to join as members. Please stay current with your membership. If you are a life member, you still have to submit a new waiver every year to stay current. Is your club a member of Shufu Judo Yudanshakai? Please verify with your sensei that your club current and active with us.

Follow Shufu Judo Yudanshakai

Instagram: <https://www.instagram.com/shufujudo>

Facebook: <https://www.facebook.com/ShufuJudoYudanshakai>

Twitter/X: <https://twitter.com/ShufuJudo>



Shufu Judo Yudanshakai continues to rebound following the COVID pandemic. The judo community suffered a lot during the pandemic since judo is a contact sport. Overall membership dropped significantly. Many clubs had to shut down completely and were not able to reopen. However, Shufu Judo Yudanshakai remains strong due to many loyal judokas and the commitment to keep judo growing. In 2021 our membership had dropped to 248 and in 2022 we were at 341. As of March 1, 2025, we have 22 registered dojos comprised of 535 members, of which 132 are dan ranked judoka, 191 are senior judoka and 344 are junior judoka. The current top five clubs by membership are Arlington Judo in Arlington VA, Hui-O-Judo in Beltsville MD., College Park Judo in College Park MD, Dale City Judo in Dale City VA and DC Judo in Washington DC.

Congratulations to Sensei Maurice Allan from Sport Judo on his promotion to Kudan by USA Judo Inc.



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Planning ahead for 2025: Please Save the dates

TBD	Spring kata series – Nage no Kata – Charleston SC (Free event)
Sat Mar 1	Referee Clinic at Arlington Judo 10am to 4pm.
Sun, 2 March	Wahadachi Challenge – Milwaukee, WI (USA Judo Point event)
March 8 and 9	Shohei Ono Clinic at Compound in Silver Spring Maryland
Sun., Mar 9	Kata Competition – Pompton Plains, NJ
Mar. 14-16	Pedro’s Challenge – Danvers, MA (USA Judo Point event)
Sat., Mar 15	Pacific Northwest Open – Seattle. WA (USA Judo Point event)
March 15	Shohei Ono clinic at Sport Judo in Springfield VA
Sat., Mar 22	Jim Rivera Memorial Shiai at St Francis, Triangle VA
Sat., Mar 29	Shufu Yudanshakai BOD, BOE and promotion – Beltsville MD
Mar. 29-30	USA Judo Youth Nationals – Salt Lake City, Utah (USA Judo Point event)
April 5	Shufu Ken Tamai Memorial tournament at DeMatha – Hyattsville MD
April 6	NCJA College and High School championships – Durham NH
April 6	Neil Adams Clinic at Sport Judo – Springfield VA
?? Apr 12	William and Mary Collegiate Shiai – Williamsburg, VA
Sun., April 13	Garden State Championships – Wayne, NJ (USA Judo Point event)
April 12	Shufu Promotional – North at Tokai Budokai in Mass.
(Apr 11-21)	Spring Break – Easter is Apr 20)
Apr 24-27	USJF Spring meetings – Miami, FL
May 4	Battle at the Square – New Rochelle NY (USA judo Point Event)
May 4	Takemori Clinic with Hatsuyuki Hamada at Sport Judo
May 10	South Carolina State Championships – Charleston SC
May 10	Angelo Parisi Clinic at Sport Judo
May 24-25	USA Judo Senior Nationals – Birmingham, AL
June 19-21	Greatest Camp on Earth – Charlotte, NC
June 20-22	USA Judo Junior Olympics – Bedford Park, IL(USA Judo Point event)
June 28	USJF Kata conference – Bosie Idaho
July 5-7	America Cup – Honolulu, HI (USA Judo Point event)
July 10-15	Royal Caribbean Cruise – NY to Bermuda
July 13-19	Kodokan Summer Kata courses – Kodokan - Tokyo Japan
July 19-20	USJF Summer Nationals – Honolulu, HI
July 23-30	US Open Judo – Ft Lauderdale, FL (USA Judo Point event)
Aug 9	New York Veteran Open Championships – New York NY
Aug 9	New York Open Judo Championships – New York NY
Aug – TBD	David McFall kata clinic – Sport Judo, Springfield VA
Aug 23	East Coast Kata Championships – College Park, Maryland
Sept 7	North American Judo Championships – Wayne, NJ
?? Sept 13	Veterans Open – Chicago (USA Judo Point event)
Sept 21	Liberty Bell Classic – Philadelphia PA
Sept 27	Suncoast Warrior – Port St Lucia, FL (USA Judo Point event)
Oct 3-5	San Jose Open- San Jose CA (USA Judo Point event)
Sun., Oct 12	Morris Cup – Scotia, NY
Sun., Oct 19	Samurai Judo Championships - Ridgefield, NJ
Sat. Oct 25	Judo Kai Fall Shiai – Fairfield, NJ
Nov 8	Shufu Fall BOD/BOE/Promotion – Beltsville, MD
Nov 22	Dallas Open – Irving, TX (USA Judo Point event)
Nov 23	USA Judo Presidents Cup. – Irving TX (USA Judo Point event)
Dec 5-7	Winter Nationals – Asuza, CA (USA Judo Point event)

NOVICE REFEREE CLINIC

Interested in learning how to be a judo referee?
Designed for novice participants of all ages, from pre-teens to adults.
Hands-On Experience, IJF-A International Referee Clinician, Educational, and Fun.

HOSTED BY
Arlington Judo Club

Saturday March 1, 2025 10:00AM - 4:00PM
Dawson Terrace Community Center
2133 N. Taft St, Arlington, VA

Saturday March 1st - Novice Referee Clinic at Arlington Judo club.

There will be a Novice Referee Clinic hosted by the Arlington Judo Club, 2133 N. Taft Street, Arlington, VA 22201 on Saturday, March 1, 2025.

USJF sanction pending Time: 10:00AM - 4:00PM
Lead Clinician: Sharon Landstreet, IJF-A International Referee

This referee clinic is for pre-teen to adults who are interested in learning the how to referee.

Cost: \$10.00 Lunch provided by the Arlington Judo Club.

This clinic will cover the contest rules and referee basics. The attendees will get hands-on experience refereeing mock matches.

This clinic should prove to be both educational and fun for those new to refereeing.

Bring your judo uniform.



WE NEED YOU!



We need you!! –Part of judo is Jita Kyohei – mutual welfare and benefit. Judo is a wonderful community of giving people who share a common interest. Each one of us has unique talents and resources that we can share. In order for judo to grow and develop we need your assistance. How can you help judo? What can you do to make a difference in your dojo or in the judo community? What do you love about judo, your club, the experience? How has judo impacted your life? Please share your thoughts, feelings, and suggestions with us.

3/22/25: James Rivera Memorial Judo Tournament @ St Francis of Assisi

We're excited to host our next tournament on 3/22 at St. Francis of Assisi. We would like to honor the life and contributions our late Sensei James Rivera made to the judo community. Registration is now open, with Early Bird discounts for the next few weeks. Please spread the word to your judoka and to other area clubs. We've had great turnout at our other tournaments, and would love to continue the trend. All USJF, USJA and USA Judo registered judoka are welcome! We look



forward to seeing you there, and thank you for all you do to spread judo in our area!

<https://smoothcomp.com/en/event/21837>



Shufu Judo Yudanshakai
presents the
**Spring 2025 Shufu Judo Yudanshakai
Junior and Senior Promotional Examination**

Saturday, March 29, 2025

At

Beltsville Community Center
3900 Sellman Road, Beltsville, MD
United States Judo Federation Sanction # 25-03-??



This event is Preregistration Only. There is no onsite registration.

Eligibility to register for promotion

1. All judoka must be a current member of the USJF (or USJA)
2. For Shodan – current year plus one year prior membership in USJF
3. For Nidan and above – current year plus three years prior membership in USJF

Promotion Requirements being used

The Shufu Board of Examiners has implemented the changeover to the USJF promotional requirements. The 2024 Shufu Fall Promotional will follow the “2021 USJF Senior Rank Requirements”, available on the Shufu website under Promotions. **All ranks within Shufu’s promotion authority are required to do the physical testing, i.e. all ranks through and including Godan.** Rokudan and above are not required to do physical testing; Kata requirements still apply as required for rank sought.

Key Deadlines - These are HARD deadlines - no exceptions

January 29 – First date to accept applications.

February 27– First deadline for Dan paperwork (initial submission of Form 20)

March 15 – Second deadline for ALL FULLY COMPLETED paperwork due (juniors, senior kyu, dan)

March 29 – Promotion day, BOE meeting, BOD meeting

Event Schedule

9:00 AM	Check in – testing begins
9:30 – 11:30 AM	promotional candidate written tests and practical evaluations
11:30-1:15 PM	Shufu Board of Examiners meeting – (All Board of Examiners members are requested and encouraged to attend in person.)
1:15 -1:30 PM	Awarding of promotions
1:30-3:00 PM	Shufu Board of Directors Meeting (All registered Yudansha [Black Belts] are encouraged to attend but a Zoom connection will be supplied. Contact: shufupresident.miki@gmail.com)

Please Note: There will be NO COMPETITION at this promotional event.

Registration and Fees

1. **Registration Deadline** (These are HARD deadlines.)
 - March 15, 2025: All promotion candidates (juniors, senior kyu, and dan ranks)
2. **All registration is online – no onsite registration**
 - Registration Fee (all examinees): \$50
 - Additional Fees for Black Belt Ranks only:
 - Shufu Promotion Fee: \$15 (paid online with registration fee)
 - Note: **After** the promotion: USJF Promotional Fees: \$125 for Shodan plus \$25 for each rank step above Shodan, plus an additional \$25 for Shichidan and Hachidan; Life Members: \$0.

(Instructions for how to pay to USJF Promotional Fees will be provided after the promotional.)

 - Waiver (online) must be electronically signed or scanned and sent to Kevin Tamai, Chair of the Board of Examiners at shufuboechairman.kevin@gmail.com

Accommodations

If you require an accommodation for visual or hearing impairment or other reason, please let us know on the registration form.

Documentation to submit by **senseis** and candidates

1. **January 29, 2025 - Documentation first accepted (electronic submission only)**
2. **February 27, 2025**
 - **Black Belts only: Editable Form 20 (electronic submission only):**
 - Submit to Karen Whilden, Rank Registration Chair, at shufurankreg@gmail.com.
 - The Rank Registration Team will work with candidate to identify and cure any problems with the Form 20, with that process to be completed at least 14 days before the promotional, i.e. March 15, 2025
 - If a Form 20 has not been submitted by **Thursday, February 27, 2025**, the Shufu Board of Examiners (BOE) will table the promotion request until the next promotional.
3. **March 15, 2025**
 - **Senseis - Recommending Students for Promotion**

Examinees **MUST** be recommended for promotion by their instructor. Examinees should be listed on the **JUDOKA RECOMMENDED FOR PROMOTION form that is submitted by the head instructor from each club to facilitate the smooth running of the event.** Submit to Kevin Tamai, Chair of the Board of Examiners, at shufuboechairman.kevin@gmail.com
 - **Junior and Senior Kyu Documentation (electronic submission only):**
 - Submit scans of documents below to Kevin Tamai, Chair of the Board of Examiners, at shufuboechairman.kevin@gmail.com
 - Membership card
 - Competition results
 - Kata Scores (as required to the rank sought)
 - ❖ Contact Rank Registration Chair, Karen Whilden, at shufurankreg@gmail.com for accommodations to kata demonstration due to issues of space and safety. Shufu will follow USJF Medical Committee and local/state guidelines regarding the COVID at the time of the Promotional.
 - ❖ Kata must be judged by a member of the BOE, or a National level or higher certified kata judge or kata instructor in the kata to be tested.
 - Certificates (as required by the rank sought)
 - **Black Belt Documentation Requirements (electronic submission only):**

(See Shufu website under Promotions for how to submit each document.)

 - Submit all documentation to Karen Whilden, Rank Registration Chair, at shufurankreg@gmail.com
 - Form 20 – in final, complete, and editable format
 - Membership card
 - Indicate status of a USJF background check (for judoka 18 years of age and older)
 - a) Hold a current USJF background check.
 - b) Have recently applied for one.
 - Promotion certificate for current rank
 - Kata Scores (as required for the rank sought)
 - ❖ Contact Rank Registration Chair, Karen Whilden, at shufurankreg@gmail.com for accommodations to kata demonstration due to issues of space and safety. Shufu will follow USJF Medical Committee and local/state guidelines regarding the COVID at the time of the Promotional.
 - ❖ Kata must be judged by a national level or higher certified kata judge or kata instructor in the kata to be tested.
 - Safe Sport certificate (for judoka 18 years of age and older)
 - CDC Heads Up certificate or NFHS (National Federation of High School – National Federation of State High School Association) Concussion Training
(Note: For dan candidates that need to also satisfy USA Judo – CDC Heads Up is accepted but not NFHS.)
 - For Nidan and above: CPR and First Aid certificate(s)

- Other certificates (as required to decrease Time-in-Grade by the rank sought for non-competitors)
- If the Form 20 has not been updated to cure all identified problems, and resubmitted by **Saturday, March 15, 2025**, the Shufu Board of Examiners will table the promotion request until the next promotional.

No documentation will be accepted after Saturday, March 15, 2025.

Shufu Board of Directors

Please submit agenda items for the Shufu Board of Directors meeting by March 15, 2025 to Shufu Secretary Diane Tamai Jackson, at shufuyudanshakai@gmail.com.

The Shufu Judo Yudanshakai Board of Directors meeting will begin at 1:30 PM. This meeting is for registered members of Shufu Judo Yudanshakai who hold the current rank of Shodan (1st Degree Black Belt) or higher. Please try to be on time for the start of the meeting.

A zoom connection will be supplied by contacting: shufupresident.miki@gmail.com

SmoothComp Registration

We are encouraging all of our judoka to compete in judo competitions; especially local and regional ones. Shiai (competition) is a part of the judo learning experience. Most of the events are now run on a platform called Smooth Comp.

Smoothcomp is a tournament software hosted in the cloud that helps event directors to organize registrations, brackets, clubs, matches, coaches and athletes.

Judoka and parents can track the matches and records live as they happen.

All Judoka should be registered on the SmoothComp platform. Make certain to register under our judo club.

[Tournament software for combat sports - Smoothcomp](#)



College Park Judo Club & Hui-O-Judo Beltsville

Ken Tamai Memorial Judo Tournament

Saturday, April 5, 2025



Site: DeMatha Catholic High School, 4318 Madison St, Hyattsville, Maryland, 20781

Sanctioned by: United States Judo Federation

Sanction Number: 25-04-??

Tournament directors Kevin Tamai (703) 622-6861 and Kurt Tamai (301) 537-5836

Schedule: 8:30 Opening (NO ONSITE REGISTRATION)

9:00 - 10:00 (Est time) Kata Competition

9:00 - 1:00 (est time) Junior/Masters Competition

1:00-4:00 pm (est time) Senior competition

Note – times are only estimates- check smoothcomp app after divisions are posted. It is a dynamic system that will adjust times

Fees: Registration Fee	Early (by 3-15-25)	Standard (by 3-29-25)	Late (After 3/29-25)
Shiai Division	\$40	\$50	\$60
Kata (per person per kata)	\$25	\$30	\$40

ALL REGISTRATION AND WAIVERS DONE VIA SMOOTHCOMP

[Ken Tamai Memorial Judo Championships - Smoothcomp](#)

Eligibility to compete: A current USA JUDO (USJI), USJF, USJA, AJJF or ATJA membership card MUST be presented at registration along with the signed LIABILITY WAIVER and non-black belt certification.

Contest Rules: Current IJF contest rules will govern EXCEPT no chokes for 12 years old and younger. No arm locks for 16 years old and younger during Junior competition. Any attempt to perform any technique with the intent to injure the opponent as determined by the officials on the mat will be an automatic hansoku make. Concussion policy will be utilized. Judokas diagnosed with a concussion will not be allowed to continue competing. The CARE system will be used based on availability of CARE equipment. The competition area is 7meters by 7meters with 3meter of safety area and 4 meter between completion areas. No Kansetsu waza in junior divisions. No Kansetsu waza in any novice divisions. Kansetsu waza is allowed in advanced senior divisions.

Referees and technical officials – if you are able to volunteer your time as a referee, technical official, mat helper, please inform the tournament director so we can verify the amount of volunteers we have. Thank you
plaques and awards are provided for volunteers.

Referee Certification Testing for local and regional referee certification is available upon request. Candidates should contact the chief referee prior to the event.

Elimination System: Modified Double elimination system will be used on divisions with more than 5 people. Winner of loser bracket will get to fight loser of winner bracket for 2nd place. Smaller divisions of 5 or less will use a round robin point system. Understand it is possible win all your matches and still not get 1st place.

Note: All female competitors are required to wear a white tee shirt. Blue belts or gis must be worn by the blue competitor and white gi must be worn by the white competitor. (blue gi and white belt is not allowed for the white competitor). Competitors must BRING YOUR OWN white belt and blue belt. Belts will be available for purchase at the shiai. Please contact the tournament director if you cannot meet this requirement. All junior

matches will be 3 minutes. Senior matches will be 4 minutes.

Awards: Trophies will be given for first, second and third place in each division. A team trophy will be awarded for the top Junior Team, and Senior Team. Team points will be awarded as 5 points for 1st place, 3 points for second place and 1 point for third place. Outstanding Junior and Outstanding Senior Judoka will also be awarded. Any first shiai judoka will receive an award – see Sensei Tamai.

Divisions

Juniors

Age 5-6	40	43	46	52	55	60						
Age 7-8	40	44	48	52	56	61	66	78				
Age 9-10	49	56	63	70	77	88	92	99	106			
Age 11-12	58	65	72	79	86	93	100	107	114	121	over 121	
Age 13-14	71	79	87	95	103	111	119	127	135	143	151	
Age 15-17	110	121	132	145	161	178	198	over 198				

Seniors will be divided between novice (Sankyu and below) and Advanced (Nikyu and above)

Seniors	121	132	145	161	178	198	220	over 220				
Sr Women	99	106	114	125	139	154	172	over 172				
Veteran Male		121	132	145	161	178	198	220	over 220			
Veteran Women		99	106	114	125	139	154	172	over 172			

Kata Novice (3 sets), Advanced (all sets per kata)

Nage-No-Kata, Katame-No-Kata, Ju-No-Kata, Goshin Jitsu, Kime-No-Kata

Special kids Nage no Kata - three throws.

NOTES:

* The tournament director reserves the right to alter or change any division to establish a more equitable competitive division. Divisions with less than 3 people may be moved to the next bracket up.

** DOJO Weigh In: Judoka can weigh in at their dojo with the coach/sensei submitting the certified weights. Judoka MUST make their specified weigh division. Sensei/Coach must be a certified coach or instructor through USJA, USJF, or USA Judo.

*** Division Lists and/or Brackets will be posted to the Web site on Friday, March 4



We recommends that any minor athlete of USA Judo to take a **free Youth Athlete or Kids Training** offered by the U.S. Center for SafeSport These resources include courses for children of preschool age to high school and are designed as an introduction for minor athletes and their parents or other caregivers to understand the importance of positive, welcoming environments in sports, where misconduct like bullying or abuse is less likely to happen, and to know where to report abuse, should it occur.

Each course is hosted on athletesafety.org and requires parental consent in order to complete registration. Parents are asked to register on behalf of their child by creating an account.

All youth modules can be accessed at no cost.



We also recommend that **any parent of a USA Judo athlete** take the free Parent’s Guide to Misconduct in Sport offered by the U.S. Center for SafeSport. This free 30-minute online course is designed for parents of athletes of all ages. The course explains the issues of misconduct in sport and helps parents ensure their children have a positive and safe sport experience.

Please note that this course is an additional resource provided to parents and does not serve as a replacement for the required SafeSport training for those who USA Judo mandates it for.

Let’s focus on Continuous Learning and Improvement for a moment. Often referred to as "Kaizen," lies at the heart of Judo's philosophy. It embodies the idea that growth is a never-ending journey, and there is always room for enhancement and improvement on the side of the athlete, coaches, and referees. In Judo, we understand that mastery is an elusive goal, and the path to improvement is paved with dedication, practice, and a willingness to learn from both successes and failures. This principle extends beyond the dojo, encouraging practitioners to apply the same mindset of perpetual improvement to all aspects of life. Kaizen teaches us that even the smallest positive changes, consistently applied, can lead to remarkable progress over time. It's a reminder that in our pursuit of excellence, the journey itself is as valuable as the destination, and the process of self-improvement is a lifelong endeavor. It's up to us as Coaches in Judo to practice Kaizen and continuously learn for the betterment of our dojos.



<https://amzn.to/3LewOme> AMAZON.COM

[Gemba Kaizen: A Commonsense Approach to a Continuous Improvement Strategy, Second Edition](#)



[USJF – Learning portal](#) - Please visit the USJF for great teacher and educational resources [Teaching Resources | USJF Education Portal](#)

Please visit the USJF website for more great information. There is a section on contest rules and referee education [Contest Rules and Referee Education | USJF Education](#)

[Portal](#)

[Contest Rules and Referee Education | USJF Education Portal](#)

CONTEST RULES AND REFEREE EDUCATION

The USJF Contest Rules and Referee Education is presented in five modules. Module 1 is for parents, Modules 1- 2 for coaches and referees, Modules 1-2 3; local referees, in addition to Modules 1-2-3, 4 and 5 increase in detail and complexity for judokas, coaches, and regional referees. At the conclusion of the Modules 4 and 5, you will have formulate a solid foundation of the contest rules.

Summer Nationals in Honolulu Hawaii

The poster features a light green background with tropical palm fronds on the left and right sides. At the top center, a dark green rounded rectangle contains the text "Welcome to". Below this, the word "HAWAI'I" is written in a large, bold, dark green, italicized font. Underneath, the dates "July 19 & 20, 2025" are displayed in a dark green font. Further down, the text "Doors Open to Public 8:00 AM" and "Tournament starts at 9:00 AM" is shown in a dark green font. The location "TOURNAMENT SITE | HAWAII CONVENTION CENTER" is listed below. A URL "Visit: https://smoothcomp.com/en/event/18416" is provided. Three registration tiers are listed in dark green rounded rectangles: "Early bird registrations | \$90.00" (16 Feb - 20 Apr), "Normal registration | \$110.00" (20 Apr - 22 Jun), and "Late registrations | \$150.00" (22 Jun - 04 Jul). To the right of these is a QR code with a curved arrow pointing to it and the text "REGISTER HERE" in a bold, italicized font. At the bottom, the text "Check in registration with your Smoothcomp ID and your USJF, USJA, USA, or IJF card." is displayed.

Welcome to

HAWAI'I

July 19 & 20, 2025

Doors Open to Public 8:00 AM
Tournament starts at 9:00 AM

TOURNAMENT SITE | HAWAII CONVENTION CENTER

Visit: <https://smoothcomp.com/en/event/18416>

Early bird registrations 16 Feb - 20 Apr		\$90.00
Normal registration 20 Apr - 22 Jun		\$110.00
Late registrations 22 Jun - 04 Jul		\$150.00



REGISTER HERE

Check in registration with your Smoothcomp ID
and your USJF, USJA, USA, or IJF card.

Diane Jackson – Shufu Yudanshakai Kata Corner

Are you introducing and teaching your junior judoka kata? We are introducing a new junior nage no kata with just 3 throws – uki otoshi, uki goshi and okuri ashi barai. We are encouraging all junior judoka enhance their judo experience by learning and competing in kata. As they develop, they can move to the first three sets and continue to develop. Shiai is not for all judoka. Kata is an excellent opportunity to grow.



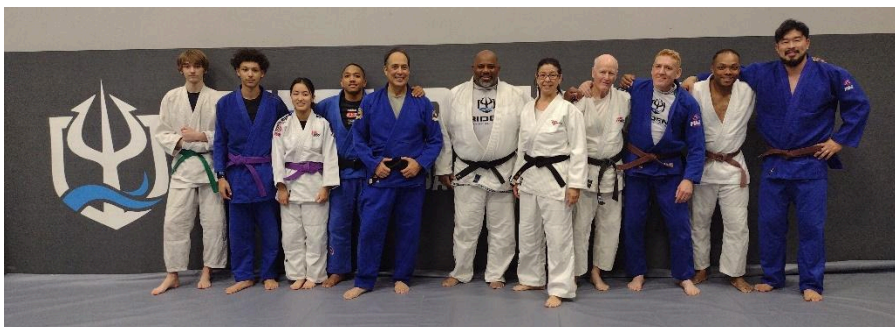
Diane Jackson and Karl Tamai taught an introduction to Nage no Kata at the Trident Martial Arts academy in Woodbridge VA on January 25th. It was attended by students from the regional area. *Photo Courtesy of Chuck Medani*



Diane Jackson and Karl Tamai, with support from Karen Whilden, taught a great Katame no kata clinic on Sunday February 2 from 12-4 at Sport Judo in Springfield. 12-2 focus on Osae waza, 2-4pm the focus was on shime and kansetsu waza. 16 judokas from 6 regional dojos including Sport Judo, Hui-O-Judo, College Park Judo, Arlington Judo, DC Judo and Kogaion Academy.

Diane Jackson and Margie Kettl went to the West Coast Kata Championships at the City College of San Francisco on February 8th as kata judges. It was a wonderful event. As assistant head judge to Dr **Kuniko Takeuchi**, I thought the kata, especially the U12 and U15 was impressive. Kudos to those clubs and senseis! Many thanks to Mary Wakabayashi (event director), Mitchell Palacio (venue host) and many volunteers to host the event.

A Shufu group (Diane Jackson, Margie Kettl and Karen Whilden) attended the February 15-16 kata clinics on Nage no kata and katame no kata presented by clinician: sensei Andre Parent, who is the national kata coach for France. It was held at the International judo center, New York City / Flushing NY



Diane Jackson taught an introduction to Nage no Kata at the Trident Martial Arts academy in Woodbridge VA on February 23rd. It was attended by students from the regional area. Thank you to Trident for hosting this event.

Please spread the word and encourage participation at this Kata-only tournament in Northern New Jersey on March 9 (Sun) Northern New Jersey Kata Tournament

<https://allthingsjudo.smoothcomp.com/en/event/20638>

Open - Nage, Katame, Ju, and Goshin

Novice - Nage (3 sets) and Katame (2 sets) - non-black belts

Tournament director: Ramon Hernandez

Head Kata judge: Diane Tamai Jackson

Save the dates

- March 9 – Kata competition – Pompton Plains, NJ
- March 15-16 Eastern Canadian kata tournament, st Jean sur Richenlieu (Montreal). Clinic on Friday, competition Saturday and Sunday
- April 5 – Ken Tamai Memorial Judo Championships – Hyattsville MD – kata and shiai competition. Special Junior nage no kata division.
- June 28 – USJF Kata Conference – Bosie ID
- July 11-13 – Joshi Camp at San Jose
- July 13-19 – Kodokan Summer kata courses
- Aug TBD – David McFall Koshiki no kata clinic – College Park MD
- Aug TBD – East Coast kata Championships – College Park MD

Kata is a great opportunity for all levels and ages of judoka - whether you are starting to learn kata, need it for a promotion, or a current competitor, everyone will increase their judoka knowledge and understanding.

In judo, kata is more than just a choreographed performance for demonstrations or a requirement for promotions. Let me shed some light on its significance:

1. Teaching Tool: Kata serves as a teaching tool, allowing practitioners to delve deeper into the intricacies of judo techniques. It provides a structured framework for learning and understanding fundamental principles.
2. Learning Tool: By practicing kata, judoka gain insights into historical aspects of judo that are preserved only within these prearranged sequences. Some of these elements involve techniques that are no longer allowed in competitive judo due to safety concerns.
3. Demonstration Tool: Kata showcases the essence of judo. It emphasizes safety, precision, and control. When performed well, it demonstrates the artistry and mastery of techniques.
4. Tradition and Heritage: Kata helps maintain the rich tradition of judo. It connects practitioners to the roots of the martial art, ensuring that valuable knowledge is passed down through generations.
5. Innovation and Ideas: Kata isn't static; it evolves. It serves as a platform for developing new techniques and exploring creative variations.

Remember, practicing kata is as essential as randori (free practice) or competing in tournaments. It deepens your understanding of judo beyond what books, articles, or videos can provide. So, embrace kata—it's more than just a duty; it's an opportunity to enhance your judo journey

How can you help Shufu Yudanshakai and the USJF? Each person in judo has something to offer to help judo to grow. Judo is founded on Jita kyoei- mutual welfare and benefit. What talents, skills, resources or time do you have? How can you help judo to grow in your area? Is there an opportunity to start a new club in your community or school?

Koka Kids - For judo coaches, you can find supporting visual teaching material over at the Koka Kids Coaching Library. Here's the link to see everything so far.

<https://kokakids.substack.com>



Each week, they are adding new content, and already there are over 50 judo throws, holds, combinations, drills and fun games to download.

<https://kokakids.substack.com>

How it works, is you will need to sign up. you can choose either the free account or paid account. The paid account is, as these things generally are ... better!

The paid subscription allows you to download everything in the archives, and every week you will receive by email a new technique with visuals you can download and print and use at your dojo.

SHAPE America

The USJF Development committee has align its Jr Rank Requirements with SHAPE America. SHAPE America is our national standards framework for K-12 Physical Education that defines what a student should know and be able to do each stage of developing physically literate individuals who have the knowledge, skills and confidence to enjoy a lifetime of healthy physical activity.

We are the ONLY Judo organization with professional educators comprised of University Professors, Secondary and Elementary Credential Teachers and Academic School Principals with the expertise to develop such a program.

Visit our USJF "Koka Kids" page, <https://www.usjf.com/koka-kids/> and enjoy the interaction.



at

For decades, judo has been teaching us several of these important life values. These values are present in each judo lesson all around the world, where we learn and teach our judo community about **Courage, Respect, Modesty, Friendship, Honor, Sincerity, Self-control and Politeness**. Let the values of our sport inspire you to stay strong and positive!

- **Courage:** Doing what is right
- **Respect:** Respect the people around you and the community we live in.
- **Sincerity:** To seek the truth and express honestly - Be honest with yourself and with others.
- **Self-control:** To have power over yourself and your greatest challenges- Keep calm and think before you act.
- **Politeness:** Our greatness comes from how we treat others
- **Friendship:** It's the purest human feeling. We are all learning together. We are all different, from different countries, have different cultures and different backgrounds. We are all equal. We help each other as much as we can and treat everybody as you would treat yourself and as you would love to be.
- **Modesty:** We are more than ourselves - Each one of us is a champion. Together we are strong. Each person on this planet contributes to a better future for all of us. Stop and think about all these people around you who are contributing to a better world. Take a moment to thank them for all of their hard work and dedication.
- **Honor:** Be true to your word and your principles - Even in adversity, we must stick to our values. We It continue our lives with strong and healthy spirits.

Always remember, that the strongest mottos of judo are: 'Mutual aid and benefit' and 'Maximum efficiency'. We need to apply these principles every day. Only then will we find our 'DO' (way) in these difficult moments.

Let's work together and bring our values to life. Our Judo values will help keep us strong, while helping us to grow and develop.



The IJF Academy's next semester of the Undergraduate Certificate as Judo Instructor (UCJI) online course is now open for enrollment. Please email Austin.Leath@usajudo.us and Connor.Jenkins@usajudo.us by February 6, 2025, if you are interested in signing up for the online course. Information regarding curriculum, fees, and requirements may be found [HERE](#).

The online course will start on March 3, 2025 and is due to end on July 6, 2025. The fee for the online course is \$900 and will be paid to the IJF directly by approved applicants.

As a reminder, starting September 1, 2024, you must have the Level 1 Instructor, the Undergraduate certificate Judo Instructor (UCJI), or the Master Coach certification to coach in IJF Grand Prix, Grand Slam, Masters, World Championships Seniors Individual and Mixed Teams and Olympic Games.

Starting January 1, 2026, you must have either the Level 1 Instructor, the Undergraduate certificate Judo Instructor (UCJI), or the Master Coach certification to coach in IJF World Championships Cadets Individual and Mixed Teams and World Championships Juniors Individual and Mixed Teams.

Completed events:

2025 Connecticut Judo Winter Open

The 2025 Connecticut Winter open was held on Saturday February 1st at the Illing Middle School in East Manchester, Connecticut. It was sanctioned by the United States Judo Association, sanction number 24-035. The Tournament Coordinators were Skyler Cummings, Chris Cummings, Thom Knowlton and David Roy. Bracketing, Registration & Customer Service were done by American Judo. The event divisions were a True Double Elimination for 6 or more, Round Robin for 5 or Less, Best Two out of Three for divisions of 2. All uncontested divisions had the opportunity to move their division to get the maximum amount of matches.



Justin Flores Clinic - High Noon judoin Alexandria VA hosted Justin Flores on Sunday February 2. Justin Flores is one of the most respected standup grappling instructors in America. Known for being Team USA Judo 2021 Olympic coach and Ronda Rousey's coach during her UFC run. Justin Flores started his career in judo at the age of 8 years old. He won many national and international titles as a youngster but decided to pause his career upon entering high school. He didn't stray far from grappling, as he took up wrestling and went on to become one of the best wrestlers in the nation (was ranked #3 overall). He was recruited by wrestling coaches in Nebraska and given a full

ride but eventually returned back to judo. He went on to become a World team member. He competed in over 30 countries and became the 2004 Olympic alternate for Team USA. Since retiring from competition, Justin gained global recognition as one of the best grappling coaches out there. He coached the US Judo World Team 3x and made a name for himself as the coach to many UFC fighters (Ronda Rousey, Alpha Cat Zingano and others).



Katame no kata clinic - Diane Jackson and Karl Tamai taught a great Katame no kata clinic on Sunday February 2 from 12-4 at Sport Judo in Springfield. 12-2 focus on Osae waza, 204 focus on shime and kansetsu waza. 16 judokas from 6 regional dojos including Sport Judo, Hui-O-Judo, College Park Judo, Arlington Judo, DC Judo and Kogaion Academy.

Samurai Slam Judo

The 2025 Samurai Slams was held on February 15 at Northwood Baptist in North Charleston SC. Thank you to all of the judoka who participated in the Samurai Slam Judo Tournament which included beginner to elite divisions for kids and adults. All ages, ranks, and skill levels were welcomed. The Chief Referee was Dana Rucker. The event was bonded with private insurance, so proof of national organization membership was not required. Spectators were allowed in for FREE! All matches were scheduled and run through an automated bracketing and scoring system. Coaches were encouraged to build a free academy profile. Players also make their own free profile and add their



academy. Brackets were combined at tournament organizer's discretion with the goal of larger brackets and maximum number of matches for players. Samurai Slam tournaments are developmental, meaning that players should be challenged by a range of competitors to hone their skills.

Princeton Judo Winter Invitational - Sunday, February 23, 2025

The Princeton Judo Winter Invitational was held at the Princeton Family YMCA in Princeton, NJ. It was sanctioned by Hudson Judo Yudanshakai. Brown and Black Belt divisions received promotion points toward their next rank. This event was insured through Esports Insurance and was open to members of all Judo organizations.



Upcoming Events:

THE COMPOUND JUDO CLUB PRESENTS

SHOHEI ONO

2X OLYMPIC GOLD MEDALIST (2016, 2020)
 3X WORLD CHAMP (2013, 2015, 2019)
 5X GRAND SLAM CHAMPION
 ASIAN CHAMPION (2018)



2-DAY JUDO SEMINAR
 4X SEPARATE 2HR SESSIONS
 SATURDAY & SUNDAY

MARCH 8-9, 2025

SESSION 1: 10:00AM-12:00PM
 SESSION 2: 2:30PM-4:30PM

- 1HR OPEN RANDORI AFTER
- EACH SESSION

THE COMPOUND FIGHT HOUSE
 12210 PLUM ORCHARD DR
 SUITE 207
 SILVER SPRING, MD 20904

EARLY BIRD REGISTRATION FEE (BY FEB 16, 2025)	NORMAL REGISTRATION FEE:
1X SESSION: \$97	1X SESSION: \$107
2X SESSIONS: \$175	2X SESSIONS: \$197
3X SESSIONS: \$237	3X SESSIONS: \$277
4X SESSIONS: \$297	4X SESSIONS: \$347

[HTTPS://SPARKPAGES.IO/CART/2/?l=_L0TB9C=60CU=](https://sparkpages.io/cart/2/?l=_L0TB9C=60CU=)

**** Kata Competition**

March 9 (Sun) Northern New Jersey Kata Tournament
<https://allthingsjudo.smoothcomp.com/en/event/20638>
 Open - Nage, Katame, Ju, and Goshin
 Novice - Nage (3 sets) and Katame (2 sets) - non-black belts
 Tournament director: Ramon Hernandez
 Head Kata judge: Diane Tamai Jackson



LOCATION: North Jersey Judo, 246 Wanaque Avenue, Pompton Lakes, NJ 07442

ELIGIBILITY: US COMPETITORS: Must be a current member of USA Judo or ATJA. Online membership available for USA Judo on day of tournament.

Exciting news! We are thrilled to announce that the legendary Shohei Ono will be giving a seminar at SportJudo on March 15th, 2025!

Shohei Ono is one of the most accomplished judoka of all time, with a career that speaks for itself: 2x Olympic Champion, 3x World Champion, 5x Grand Slam Champion, 2x Grand Prix Champion

His dedication to excellence and unmatched technique have made him a true icon in the world of Judo, and now YOU have the chance to learn from him directly! This seminar is a rare opportunity to gain insight from one of the sport's greatest and elevate your skills to new heights.

Whether you're looking to improve your technique, refine your strategy, or simply be inspired by one of the best in the game, this seminar is for you.

Don't miss out on this amazing opportunity—make sure to secure your spot by paying cash at SportJudo! Spots are VERY limited!

A promotional poster for a judo seminar featuring Shohei Ono. The background is dark blue with a white silhouette of a judo throw in the top left corner. On the right, a photograph of Shohei Ono in a blue judo gi with a black belt is shown. Text on the poster includes the date and time, registration details, and contact information for SportJudo.

SportJudo

MARCH 15, 2025
3pm-5pm

Registration:
\$95 cash in person to secure your spot beforehand

Payments can be made at the dojo
Monday-Friday
4:30pm-8:30pm and
Saturday 10:30am-2:30pm

No walk-ins as space is limited!

SPORTJUDO PRESENTS
SHOHEI ONO
大野将平
SEMINAR

Location:
5405 Port Royal Rd, Springfield, VA 22151 (20 mins from DC)

Spectators not permitted
Registration required due to limited space

@sportjudova
sportjudo.org



2025 NCJA College and High School Championships

Join us April 6, 2025 on the University of New Hampshire's beautiful campus for the 2025 National Collegiate Judo Association College and High School Championships

Venue

UNH Hamel Recreation Center, 5 Edgewood Rd, Durham, NH 03824

Check-In, Weigh-in, and Tentative Event Schedule

Saturday April 5

Check in and weigh in 4-6 pm.

Referee meeting 6 pm.

NCJA meeting 7 pm.

Division Draws 8 pm.

Sunday April 6

Facility to open at 7 am.

Kata to begin at 8 am

NCJA College Novice Championships to begin directly after kata.

NCJA College Elite Championships to begin directly after College Novice Championships

Awards ceremonies will immediately follow all collegiate divisions.

High School Novice and Elite Championships will begin directly after collegiate awards ceremony.

PLEASE WATCH SMOOTHCOMP TO ENSURE YOU ARRIVE IN TIME FOR YOUR MATCHES

2025 Garden State Judo Classic Now D-Level Tournament

When: Sunday, April 13, 2025

Where: Wayne PAL, 1 PAL Drive, Wayne, NJ

USA Judo D-Level Point Event JUNIORS & SENIORS

Team Divisions

Men's Black & Brown Belt Mixed Team Tournament 66kg, 73kg, 81kg, 90kg, +90kg

Men's Novice Team Tournament 66kg, 73kg, 81kg, 90kg, +90kg

Register Here: <https://allthingsjudo.smoothcomp.com/en/event/20166>



The week of the Garden State Judo Classic we have Olympic, World and European Medalist Neil Adams coming back to the New Jersey/New York area to do a Master Class Series. Please use the link below to register and don't miss the opportunity to be on the mat with a legend.

Neil Adams Master Class Series

When & Where:

- Thursday, April 10, 2025, 7pm – 9pm at Tech Judo, 1 High Tech Way, Secaucus, NJ 07094
- Friday, April 11, 2025, 7pm – 9pm at IJC Martial Arts, 28-20 120th Street, 2nd Floor, Flushing, NY 11354
- Saturday, April 12, 2025, 10:30am – 12:30pm at Cranford JKC, 107 S Avenue West, Cranford, NJ 7016
- Monday, April 14, 2025, 7pm – 9pm, Colton Brown Training Center, 10 Community Place, Warren, NJ 07059
- Tuesday, April 15, 2025, 6:30pm to 8:30pm Jason Morris Judo Center, 584 Saratoga Road, Glenville, NY 12302
- Wednesday, April 16, 2025, Kano Martial Arts, 149 West 27th Street, New York, NY 10001

Register Here: <https://smoothcomp.com/en/event/22398>

Any questions please contact:

Saro Balagezyan

Email: balagezyan@gmail.com

Phone: 917-830-4985

Ramon Hernandez

Email: ramon@northjerseyjudo.com

Phone: 201-206-2705



Dates
April 17th - April 30th

COST
\$2,500

*Flight ticket to Japan
NOT included in price*

-Airport in Tokyo, Japan is
HND (Haneda)

Japan Trip 2025

We would like to announce our next judo trip to Japan! Join us to take a two-week trip through multiple cities such as Tokyo, Kyoto, Hiroshima, and more! We will train judo with high level teams, site

see historic locations, and enjoy the beauty of Japan in the springtime!
 This trip will also have the special opportunity to see the All-Japan Judo Championships!!
 The trip will be from April 17th-April 30th. We will have a limit of 20 spots available. If you are interested, please let me know as soon as possible!
 Contact us for more information and reservations: sasakijudousa@gmail.com

Building Tomorrow's Heroes!

Brian Olson 4X Olympian, Bronze Medalist 1997 World Judo Championships, 2X Pan American Games Camp

Lynn Roethke 1988 Olympic Silver Medalist, 1992 Olympian, Pan-Am Gold Medalist, Black Belt Hall of Fame

Ryan Reser, 2008 Olympian & PanAm Champion

* **Adult /Youth Classes:** Judo, BJJ, kata, coaching, refereeing & more.

* **Children's Classes:** techniques, drills, games, snow, snacks, superhero party, ninja challenge & pool party.

HEROES everyday people changing the world with:
 Discipline Integrity
 Respect Self-esteem
 Self-control Compassion

Kata World Champions:
 Jeff Giunta & Heiko Rommelmann, Jr.

International Referee:
 Mike Takata

Plus many national instructors listed on GreatestCamp.com

HEROES TRAINING

Register today!

June 19, 20 & 21 2025
 Wingate, NC, in the greater Charlotte area

Greatest Camp on Earth!!! www.GreatestCamp.com

Embark on the Ultimate Judo Cruise Experience Aboard Royal Caribbean's Liberty of the Seas – July 10-15, 2025

Judo fans and enthusiasts, get ready for the adventure of a lifetime as Royal Caribbean's Liberty of the Seas sets sail from New York to Bermuda from July 10 to 15, 2025, for an extraordinary Judo training and vacation experience like no other. This 5-day immersive journey combines world-class judo instruction with the luxury and excitement of a premier cruise experience, offering travelers a unique opportunity to train with Olympic judo instructors, gain insights from nutritionists, and work with peak performance mindset experts – all while soaking in the scenic beauty and vibrant culture of Bermuda.

World-Class Judo Instruction at Sea

Participants of all levels will have access to high-caliber judo training led by Olympian instructors renowned for their expertise and experience on the global stage. Multiple sessions will be held throughout the cruise, giving judo enthusiasts a rare



chance to refine their skills, deepen their understanding, and train in a unique, engaging environment. With sessions tailored for various skill levels, each guest can enjoy personalized instruction and witness firsthand the transformative impact of training alongside judo's elite.

Enhance Your Mind, Body, and Spirit

To support overall wellness and performance, guests will benefit from onboard experts, including nutritionists and peak performance mindset coaches. This holistic approach ensures participants leave the cruise with not only enhanced judo skills but also valuable knowledge in nutrition, self-care, and mental resilience – essential tools for high-level athletes and everyday fitness alike.

Luxury Amenities and Fine Dining

The Liberty of the Seas offers a variety of fine dining options, vibrant bars, and exciting entertainment, giving passengers the perfect blend of relaxation and activity. Savor delicious cuisine from world-class restaurants and unwind with amenities such as pools, spas, fitness centers, and more. From catching a Broadway-style show to relaxing by the pool, the ship provides plenty of opportunities to relax and connect with other judo enthusiasts in an unforgettable setting.

Discover Bermuda's Charm

The cruise will dock in Bermuda, where participants can explore the stunning beaches, crystal-clear waters, and welcoming local culture. Passengers will have time to enjoy Bermuda's world-famous beaches, warm sunshine, and friendly people, adding a unique cultural experience to this one-of-a-kind training adventure. There will also be ample opportunities to network, make new friends, and create memories with fellow travelers who share a passion for judo and adventure.

An Experience for Everyone

Whether you're an advanced judo athlete or new to the sport, this judo cruise offers an inclusive, engaging experience for all. With a rich itinerary of training sessions, workshops, and recreational activities, it promises to be a transformative and unforgettable journey, merging the thrill of high-level instruction with the relaxation and luxury of a Royal Caribbean cruise.

Booking Information

Space is limited for this exceptional judo cruise experience. Secure your place today and prepare for an adventure filled with world-class training, luxurious amenities, and the breathtaking sights of Bermuda. For more information and to reserve your spot, please email us at:

Info@mindcoachsystem.com

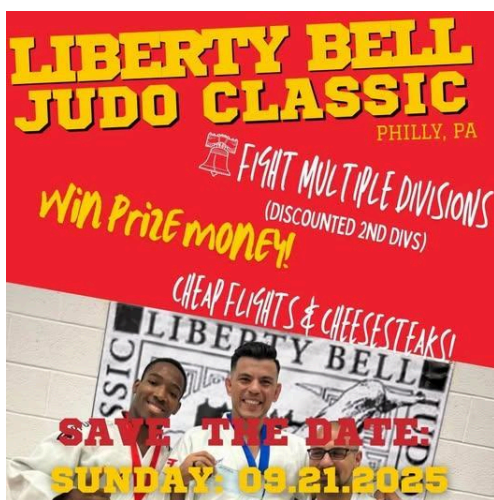
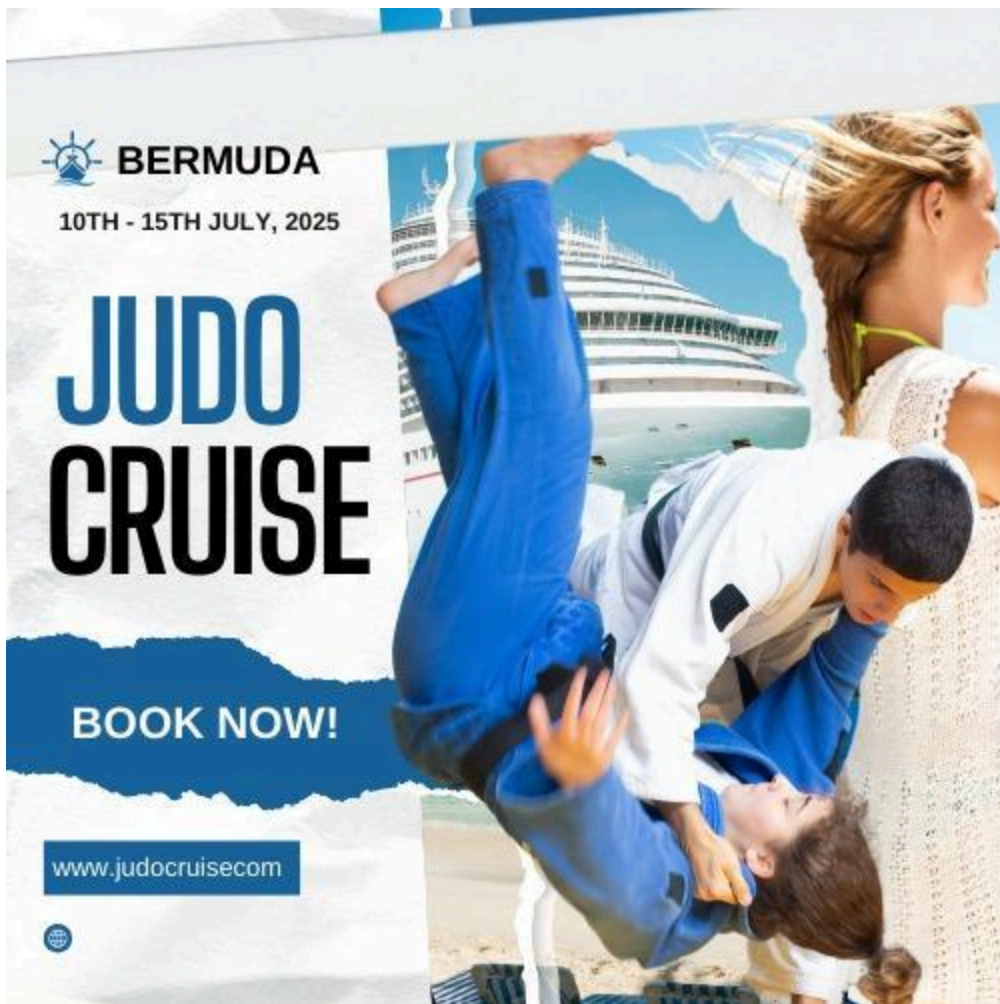
Join us for this rare opportunity to train, relax, and explore – all aboard the Liberty of the Seas from July 10-15, 2025. Don't miss out on the ultimate judo experience!

For press inquiries, please contact:

Adam Kripke & David Loshelder

Judo Cruise - Event Organizers

Phone: +1 (412) 407-7112 | Email: info@judocruise.com | Website: www.judocruise.com



Liberty Bell Judo Classic

Be sure to save the date- Sept 21, 2025 - the Liberty Bell Judo Classic. Join us in Philly to find out why after 37 years, we continue with the reputation of being well run, putting competitors first, and always looking to improve our event.

New venue.

Prize money. More people = more money.

Fight multiple divisions.

Kata.

Large novice divisions.

Save the date and come find out why cheesesteaks are just part of the great weekend! Smoothcomp details coming this spring.

USA Judo Senior Nationals - USA Judo is pleased to announce the 2025 Senior National Championships will be held in Birmingham, Ala., May 24-25. The shiai competition will be held on Saturday, May 24 with the Kata Nationals on Sunday, May 25. The tournament is expected to draw more than 600 participants.

"We are excited to head to Birmingham for next year's Senior National Championships," said USA Judo CEO Keith Bryant. "Birmingham has established itself as a premier sports event destination, and we know our members will enjoy the event, venue and all the nearby entertainment options." The competition will take place at the Birmingham-Jefferson Convention Complex (BJCC), Alabama's largest and foremost event, convention, and entertainment center, with facilities all on one campus. It includes a 45,000-seat stadium, 15,500-seat arena, 220,000 square feet of exhibition space, and 4,000 seats in two theaters---all under one roof. Two hotels, the Sheraton Birmingham and Westin Birmingham, are part of the complex, which also includes the Uptown Entertainment District, City Walk, TopGolf and the brand-new Coca-Cola Amphitheater, opening in summer of 2025.

"We are absolutely thrilled to welcome the 2025 USA Judo Senior Nationals to Birmingham," said John Oros, President & CEO of the Greater Birmingham Convention & Visitors Bureau. "This prestigious event will showcase incredible athletic talent while giving participants and fans the opportunity to experience our city's rich history, vibrant culture, and signature Southern hospitality. As a premier destination for major sporting events, Birmingham has a proven track record of hosting world-class competitions, and we are excited to continue that tradition by partnering with USA Judo. We look forward to rolling out the mat and providing an unforgettable experience for everyone attending."

In 2024, Birmingham was ranked No. 3 in the nation for sporting events, among cities without a "Big Five" professional team, by the Sports Business Journal. The city has hosted international and national events like the 2017 National Senior Games, the 2022 World Games and the 2024 Transplant Games of America, and will host the 2025 World Police and Fire Games and the 2029 National Senior Games. "In addition to the hosting of Senior Nationals, USA Judo looks forward to expanding our partnerships in the Birmingham area by collaborating with the Lakeshore Foundation, an Olympic and Paralympic Training Site, to assist with USA Judo's Paralympic pipeline, creating Judo in Schools & Communities programs in the Birmingham area, and establishing a USA Judo P3 Police Training Program in concert with the upcoming 2025 Police & Fire Games being hosted in Birmingham." Additional details regarding hotels, registration and tickets will be shared in the coming months on the USA Judo website and social media channels.

ABOUT USA JUDO

A 501-c-3 non-profit organization based in Colorado Springs, USA Judo is the National Governing Body for the sport of judo in the United States. USA Judo serves more than 10,000 members annually, including athletes, coaches, referees, volunteers and supporters. A proud member organization of the International Judo Federation, the U.S. Olympic & Paralympic Committee and the International Blind Sports Association, USA Judo's mission is to enable all U.S. athletes to achieve sustained competitive excellence in domestic and international judo competition, and the promotion and growth of the sport of judo in the United States.

ABOUT THE GREATER BIRMINGHAM CONVENTION & VISITORS BUREAU

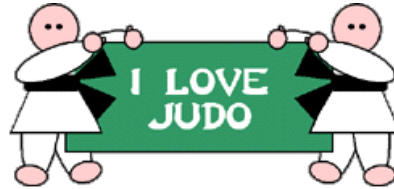
The Greater Birmingham Convention & Visitors Bureau (GBCVB) is the official tourism and marketing organization for Birmingham and Jefferson County. Established in 1969, the non-profit agency generates positive economic impact by positioning the Greater Birmingham Region as a premier destination for conventions, sporting events, and domestic and international leisure travel. Birmingham and its neighboring municipalities welcome more than 3.96 million visitors each year, generating \$2.52 billion in economic impact. Learn more at inbirmingham.com



Club Updates from Shufu Judo Yudanshakai –

- Has your dojo started back to live in-person practices? Send us a write up about your club.
- **Please Share news about your club with us. Send us news, photos, and events.**

Develop Yourself to Your Fullest Potential So That You and Others May Live Harmoniously



For more information contact :

Shufu President, Miki Takemori, ShufuPresident.Miki@gmail.com

Shufu Vice-President, Michael Landstreet

Shufu Board of Examiner chairman - Kevin Tamai, (703) 622-6861, Email

–shufuboechairman.kevin@gmail.com

Visit the website at <http://www.shufujudo.org>

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