



Capital Kata Festival: Kata-palooza I

Sunday, December 14, 2025, 8:30am – 4:00pm

Location: Sport Judo, 5405 Port Royal Rd, Springfield, VA 22151
Sanction: USJF 25-XX-XX (pending)

Event Director: Diane Tamai Jackson, Hui-o Judo. On-site Venue Host: Steve Berliner, Sport Judo
Clinicians: Frances Glaze (Kime-no-Kata); Kristen El Idrissi and Christine Levine (Nage-no-Kata).
Supporting Kata Experts: Karen Whilden, Diane Tamai Jackson, Karl Tamai

What is a kata festival? A community event with several activities. This year: 1) Perform your kata(s) and get feedback; 2) Share a community meal; 3) Attend a kata clinic: Kime-no-kata or Nage-no-kata; 4) Opportunity to test for Kata Judge or Kata Instructor

Katas: Nage-no-kata, Katame-no-katame, Ju-no-kata, Kime-no-Kata, Kodokan Goshin Jutsu, Koshiki-no-kata, Itsutsu-no-kata. White or Blue gis okay. White T-shirt/rash guard is okay for all.

Participation Eligibility: All Ages. All Ranks. National Membership: USJF, USJA and USA Judo. Membership card must be presented on the day of the event to participate on the mat. Be prepared to follow USJF, CDC, State and/or County guidance for COVID conditions. See USJF website for COVID protocol. Recommended to Bring a personal water bottle.

Schedule:

Saturday evening – Judges and Instructor written exams – Location: Diane's house or zoom

Sunday – Location: Sport Judo

8:30: Walk-up registration & check-in, self warm-up

9:00: Bow-in

9:00 – 9:30: Bowing clinic and practice

9:30 – 11:00: Kata performances (and judge scoring practical)

11:00 – 12:00: Lunch (provided by festival)

12:00 – 4:00: Kata clinics (simultaneous): Kime-no-Kata or Nage-no-Kata

Festival Fee (perform kata(s), lunch and clinic):

- Pre-registration: \$25 per person
- Walk-up / Day-of fee: \$40 for USJF members; \$50 for non-USJF members

Judge or Instructor testing fee: \$20 (one-time fee)

Certificate fee depends on level earned:

- National Instructor (check to USJF): \$100 per kata– add Note: for Kata Committee
- National Judge: (check to USA Judo): \$100 per kata – add Note: for Kata Committee
- Shufu certification (Regional or Local): \$30 for 1 kata; \$50 for 2 katas; \$70 for 3 katas

Payment options:

- Festival on-line registration: Smoothcomp pay pal
- Festival walk-up registration: cash, check to Shufu, or Venmo to @JudoDTJackson
- Examination fee and certificate for Local or Regional Judge or Instructor Examinations: cash, check to Shufu, or Venmo to @JudoDTJackson
- Certification for National level: USJF for Instructor; USAJudo for Judge

What does a judge or instructor examination include? For each kata:

- 1) Written test (same Basic Test for Instructor & Judge. However, Judge has extra IJF criteria questions)
- 2) Demonstration of Uke and Tori: Perform at Festival, Competitions (bring scores or if known by examiner), or Walk and Talk
- 3) Scoring or Teaching: Judge: Score a kata performance or Instructor: Teach 2 – 4 techniques.



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Name: _____

Home Address: _____

Contact Phone Number: _____ Email: _____

Club: _____

Rank: _____ Gender / Orientation: M F O Age: _____

USJF or USJA or USAJudo Number # _____ Expiration Date: _____

Check all that apply:

____ I will perform the following kata(s):

Kata name	I am: Tori / Uke	My partner's name:	Score for Promotion: Yes / No

____ I will attend a Kata clinic: circle one: **Kime-no-kata** or **Nage-no-kata**

____ I request to test for Judge or Instructor (additional fees): for kata(s): _____

Assistance: Judo is for all. We will work to accommodate any needs. Please let us know:

I request Special Assistance or Accommodation: No. / Yes: for: _____

If assistance is needed, please indicate the type: _____.

Payment: Pre-pay: \$25 per person. Day-of fee: \$40 for USJF members; \$50 for non-USJF

Cash; Check payable to 'Shufu Judo' or Venmo: @JudoDTJackson

Waiver: All must sign a waiver(s). Participants under the age of 18 on the day of the clinic: parent or guardian must sign or bring a waiver.

WARNING!

WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any Judo tournament, practice, clinic, and related events and activities ("Activity") of the **United States Judo Federation, Inc., Shufu Judo Yudanshakai, Inc., Lakeland College Park Community Center, Hui-Judo club, College Park Judo club**, and the officers, employees, volunteers, and agents, I agree:

1. I understand the nature of Judo activities and believe I am qualified to participate in such Activity. I also understand the rules governing the sport of Judo.

2. I further acknowledge that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions, and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.

3. I acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, illness or disease, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions, or negligence of others, including United States Judo Federation, together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event (Releasees), the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.

4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, illness, disease, permanent disability, or death.

5. I hereby release, waive, discharge and covenant not to sue the **United States Judo Federation, Inc., Shufu Judo Yudanshakai, Inc., Sport Judo, Hui-Judo club** together with their affiliated clubs, their respective administrators, directors, officers, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, legal guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used in conducting the event, all of whom are hereinafter referred to as "Releasees", from any and all litigation expenses, attorney fees, loss, liability, damage or costs on account of injury, illness, disease, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligent acts or omissions of the Releasees or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/LEGAL GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW. I INTEND THIS TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT

Participant Name

Participant's Signature

Date

**FOR PARENTS/LEGAL GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/legal guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation including litigation expenses, attorney fees, loss, liability, damage or costs which may incur as the result of the minor child's participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Legal Guardian Name

Parent/Legal Guardian's Signature

Date