

## 2019 Ambassador of Judo

**Motion:** Creation of an Ambassador of Judo Certification program

**Rational:** The role of an Ambassador of Judo is to promote judo and the USJF. .

In order to open a dojo, the insurance company requires the head instructor to be of the minimum rank of shodan. An innovated approach to increasing membership thus lies in the creation of more dojos through the Ambassador of Judo certification program.

The USJF Teachers Institute encompasses the National Teacher Certification, National Coach Certification, and the Mini-dojos certification. All these programs are intended to develop the individual, dojos, sensei's, coaches and teachers. For example, the USJF Mini-dojos certification program provides the tools to implement judo programs in the YMCA, Boys & Girls Clubs, Recreation Centers, After School programs, Yoga studios, etc. We have found the major defining factor is the individual must be a rank of Shodan.

The Ambassador of Judo program creates a mechanism to develop individuals who can promote judo through being knowledgeable of the United States Judo Federation, judo history, philosophy, and judo techniques while having the ability to write and advocate the benefits of judo.

### 3-year pilot program

Requirements: Ambassador of Judo

1. 100% Perfect Score
  - a. History of Judo
  - b. Philosophy/Maxims of Judo
    1. Mutual welfare & benefit
    2. Maximum efficient use of energy
2. Skills Test: Demonstration quality
  - a. 10 throws
  - b. 5 pins and escapes
  - c. 3 chokes and applications
  - d. 3 armbars and applications
3. Write and deliver an oral presentation, a 30 sec. summary of "What is Judo?"
  - a. Write a 2 - 3 paragraph description promoting judo to the community.
4. Ambassador of Judo Program can be delivered by the Yudanshakai Certified USJF Master Instructor or, the Yudanshakai Promotion committee or their representative.
5. Upon successful completion of the USJF Ambassador of Judo program, the candidate earns the rank of shodan, 1<sup>st</sup> Degree Black Belt.