

Promotion

## Katame no Kata

Name of Person Testing: _____	Partner's Name: _____
Current Rank: _____	Current Rank: _____
Dojo: _____	Dojo: _____
<input type="checkbox"/> Competitor <input type="checkbox"/> Non-competitor	
<input type="checkbox"/> Uke <input type="checkbox"/> Tori,    #Sets _____	

0 omitted      1 poor      2 below      3 average      4 very good      5 perfect

SET	TECHNIQUE	POINTS	Comments
OSAEKOMI WAZA	Kesa gatame		
	Kata gatame		
	Kami shiho Gatame		
	Yoko shiho gatame		
	Kuzure kami shiho gatame		
SHIME WAZA	Kata juji jime		
	Hadaka jime		
	Okuri eri jime		
	Kataha jime		
	Gyaku juji jime		
KANSETSU WAZA	Ude garami		
	Ude hishigi juji gatame		
	Ude hishigi ude gatame		
	Ude hishigi hiza gatame		
	Ashi garami		
<b>TOTAL POINTS</b>			
<b>AVERAGE SCORE</b>			

Judge: \_\_\_\_\_

Event: \_\_\_\_\_ Location: \_\_\_\_\_ Date: \_\_\_\_\_